



EXCEPTIONAL
FAMILY
RESOURCES

EXCEPTIONAL TIMES

Empowering People • Enhancing Lives

January 2025



WELCOME

Dear EFR Community,

As I reflect on the achievements of 2024, I am filled with awe and inspiration by what we have accomplished together. Our dedicated team members, the unwavering support from our families, and the generosity of our surrounding community have all played a vital role.

I want to express my heartfelt gratitude to each individual in our EFR community for placing your trust in our team to provide meaningful support to you and your families.

As we step into the New Year, I carry with me a sense of gratitude, hope, and excitement, and I eagerly anticipate all that we will achieve together.

Wishing you all a joyful New Year!

Thank you for being a part of EFR!

BRUCE DRAKE
Chief Executive Officer

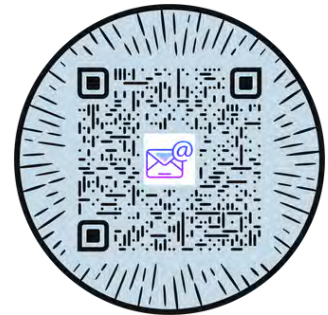
CONTACT US

1820 Lemoyne Avenue
Syracuse, NY 13208

315.478.1462

ARE YOU A MEMBER OF
OUR EMAIL LIST?
SIGN UP TODAY AND
GET THE LATEST
UPDATES.

[CLICK HERE](#)



let's connect



FIND US ONLINE

www.contactefr.org





WHAT'S HAPPENING THIS MONTH?

Participants must RSVP for all Funtastic Friday activities, so we may plan accordingly.

Failure to RSVP may prevent participation in the scheduled activities for that day.

Please RSVP by Tuesday of each week to celebrations@contactefr.org.

FUNTASTIC FRIDAYS

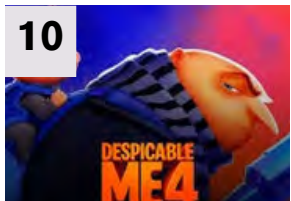


Paint & Sip

January 3rd | 10:00 am - 11:30 am
Space is limited to 20 people.

Karaoke

January 3rd | 1:00 pm - 2:30pm



Despicable Me 4 Movie & Popcorn

January 10th | 10:00 am - 11:30 am



Mason Jar Craft

January 10th | 1:00 pm - 2:30pm
Space is limited to 20 people.



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Let's Make Blueberry Cheesecake!

January 17th | 10:00 am - 11:30 am
Space is limited to 20 people.



Bingo

January 17th | 1:00 pm - 2:30pm



Winter Potluck

January 24th | 10:00 am - 11:30 am



Zumba

January 24th | 1:00 pm - 2:30 pm



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Let's Tie Dye!

January 31st | 10:00 am - 11:30 am
Please bring an item to tie dye.



Let's Make Pizza!

January 31st | 1:00 pm - 2:30 pm
Space is limited to 20 people.

**WHAT'S HAPPENING
THIS MONTH?**



SNOW TUBING

AT FOUR SEASONS GOLF AND SKI CENTER - 8012 E GENESEE ST, FAYETTEVILLE, NY 13066

FREE!

**PLEASE BRING MONEY
FOR SNACKS**

**FRIDAY, JANUARY 24TH
5:00 PM - 7:00 PM**

**PLEASE RSVP BY MONDAY, 1/20
RECREATION@CONTACTEFR.ORG**

IF YOU RSVP AFTER 1/20, YOU WILL NEED TO PAY TO PARTICIPATE!

WHAT'S HAPPENING THIS MONTH?

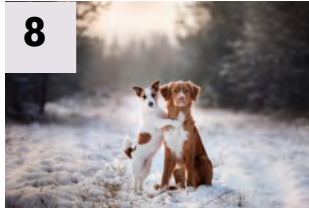


6

Kids Night Out: Paint 'n' Sip

January 6th | 5:00 pm - 6:30 pm

EFR Main Office 1820 Lemoyne Ave



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FSS Friends Connection

January 8th | 5:00 pm - 7:15 pm

EFR Main Office 1820 Lemoyne Ave



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FSS Friends Connection

January 16th | 4:30 pm - 6:30pm

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Friday Night Dance \$5.00

January 17th | 5:30 pm - 7:30pm

SALTspace 103 Wyoming St.



21

FSS Friends Connection

January 21st | 5:30 pm - 7:00 pm

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Snow Tubing at Four Seasons!

January 24th | 5:00 pm - 7:00 pm

Four Seasons Golf and Ski Center
8012 E. Genesee St. Fayetteville, NY 13066



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Planned Parenthood: Health and Wellness Class

January 28th | 5:00 pm - 6:30pm

EFR Main Office 1820 Lemoyne Ave



WHAT'S HAPPENING THIS MONTH?



Bingo | Fulton Office

January 21st | 11:00 am

2 Tower Drive Fulton, NY 13069



Bingo | Syracuse Office

January 15th | 1:00 pm

1820 Lemoyne Ave. Syracuse, NY 13208



Drop-In Gaming Group | Every Wednesday

January 8th, 15th, 22nd, 29th | 11:00 am - 2:00pm

Soule Branch Library , 101 Springfield Rd.

Bring your library card to check out a game or feel free to bring your own game.

Let's Go Bowling | Every Thursday

January 2nd, 9th, 16th, 23rd, 30th | 11:00 am - 1:00 pm

Flamingo Bowl, 7239 Oswego Rd. Liverpool

Fee: \$2.95 per game, plan for 2-3 games.

Be sure to bring enough money for games played and any snacks you wish to purchase.

Space is limited be sure to RSVP!

Please RSVP by Monday of each week to celebrations@contactefr.org.



SAVE THE DATE



KIDS
night
OUT!

Paint & Sip



1820 LEMOYNE AVE. SYRACUSE, NY 13208

MONDAY, JANUARY 6TH

5:00PM - 6:30PM

**PLEASE RSVP BY FRIDAY, 1/3 TO
RECREATION@CONTACTEFR.ORG**

FREE

PIZZA AND
SODA
PROVIDED!



EFR IS EXCITED TO CONTINUE OUR 2024 KIDS NIGHT OUT PROGRAM. THESE EVENTS ARE OPEN TO CHILDREN SERVICED BY EFR AGED 6 - 12. ALL ATTENDEES MUST BE ACCOMPANIED BY A DSP, FAMILY MEMBER, OR OTHER NATURAL SUPPORT. EFR DOES NOT PROVIDE TRANSPORTATION TO THESE EVENTS .

Connect with Exceptional Family Resources on Social Media!



Scan the QR Code

with your phone to visit our Facebook Page!



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Syracuse, NY 13208

315.478.1462

www.contactefr.org



Join Our Team!

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or call 315.930.2755



Artist: Rachel Rennie