



EXCEPTIONAL
FAMILY
RESOURCES

EXCEPTIONAL TIMES

Empowering People • Enhancing Lives

September 2024

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SUMMER RECAP

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2024 DSP WEEK, EFR'S
PASSPORT AND MORE!

www.contactefr.org



WELCOME

Dear EFR Community,

Welcoming the fall season with open arms following a fantastic summer at EFR brings us immense joy. Our summer was brimming with exciting activities such as water park visits, hikes, baking, tie-dye, dances, theater, movies, and our traditional picnic.

As September kicks off, it marks the start of the 2024 DSP week, providing an opportunity to acknowledge and appreciate our invaluable EFR Direct Support Professionals. These dedicated DSPs play a crucial role in the growth and success of the EFR community. Please take a moment this month to express your gratitude to your DSP.

We are excitedly looking forward to a smooth transition into the upcoming fall season. Our team has prepared an exciting lineup of activities for you, and we are eager to share the joy with all of you!

Thank you for being a part of EFR!

BRUCE DRAKE

Chief Executive Officer

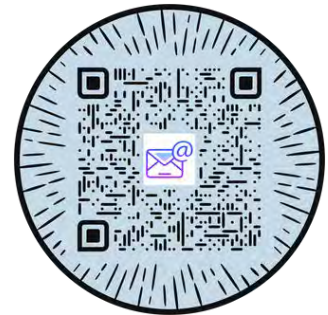
CONTACT US

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Syracuse, NY 13208

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OUR EMAIL LIST?
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UPDATES.

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SUMMER RECAP

Several EFR team members and participants proudly joined the Annual CNY Pride Parade at the Inner Harbour on June 22nd. They showcased EFR gear and shared EFR swag during the event. Our team is excited about the upcoming Pride Parade in 2025!



EFR Team members and participants marching in the 2024 CNY Pride Parade.



Left: EFR Team members and participants marching in the 2024 CNY Pride Parade.



Right: Mike L. of the EYE Studio with EFR participants Connor and Jason.



EFR participants Jason and Connor gifting EYE Studio owners Mike and Ilene L. some EFR swag.

This summer marked the farewell of our dear friends Ilene and Mike as the cherished EYE Studio closed its doors. For years, many EFR members honed their skills and shared experiences at the studio. Mike and Ilene will be fondly remembered, and we wish them a joyful retirement!

Team EFR proudly participated in the Syracuse Workforce Run on June 6th. Led by Team Captain/COO Dan Kelley, our team of runners, joggers, and walkers showcased high spirits as we donned our purple shirts and shared our infectious energy with the crowd.



Team EFR the 2024 Syracuse Workforce Run



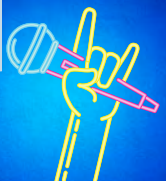
EFR Board Members, Judy T. and Patti M. presenting the Larry Wink Scholarship to recipient Melayna Miller.

On June 12th, Patti Marvin and Judy Tarrants, EFR Board Members, awarded the Larry Wink Scholarship to Melayna Miller, a graduate of Paul V. Moore High School. This scholarship honors the memory of the late board member and educator, Larry Wink.

WHAT'S HAPPENING THIS MONTH?

Funtastic FRIDAYS

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karaoke

September 6th | 10:00 am - 11:30 am



Bingo

September 6th | 1:00 pm - 2:30pm

Participants must RSVP for all Funtastic Friday activities, so we may plan accordingly.

Failure to RSVP may prevent participation in the scheduled activities for that day.

Please RSVP by Tuesday of each week to celebrations@contactefr.org.

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School Lunch Brunch

September 13th | 10:00 am - 12:00 pm



Zumba

September 13th | 1:00 pm - 2:30pm

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Let's Make Apple Cinnamon Muffins

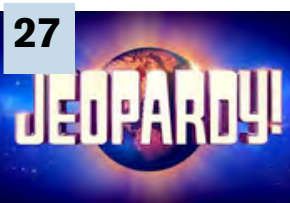
September 20th | 10:00 am - 11:30 am



Make Your Own Journal

September 20th | 1:00 pm - 2:30pm

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Jeopardy

September 27th | 10:00 am - 11:30 am



Mario Kart on Wii & Mario Kart Crafts

September 27th | 1:00 pm - 2:30 pm



WHAT'S HAPPENING
THIS MONTH?

JOIN US FOR BINGO!

EFR individuals are invited to an afternoon of fun, friends, and prizes!

Fulton

Tuesday, August 17th

11:00 AM - 12:30 PM

Fulton EFR Office

4 Tower Drive

Fulton, NY 13069

Please RSVP by
September 13th to:
celebrations@contactefr.org.

Syracuse

Wednesday, September 25th

1:00 PM - 2:30 PM

EFR Office

1820 Lemoyne Avenue

Syracuse, NY 13208

Please RSVP by
September 20th to:
celebrations@contactefr.org.



Please RSVP by email to celebrations@contactefr.org.



WHAT'S HAPPENING THIS MONTH?

a night out
with friends!

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Planned Parenthood: Health and Wellness Class

September 3rd | 5:00 pm - 6:30pm

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Kids Night Out - Glow Stick Dance Party

September 5th | 5:00 pm - 6:30pm

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Friends Connection

September 11th | 5:00 pm - 6:00pm

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Planned Parenthood: Health and Wellness Class

September 17th | 5:00 pm - 6:30pm

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Friends Connection

September 19th | 6:30 pm - 8:30pm

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Friday Night Dance \$5.00

September 20th | 5:30 pm - 7:30pm

SALTspace

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Kick Off to Fall Festival

September 26th | 4:30 pm - 6:30pm

EFR Main Office

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