
Onondaga County and Surrounding Areas

Working Together To Make Exceptional Typical

Welcome to this edition of the Resource Manual for Onondaga County and surrounding areas. We hope you find the changes we have made helpful, user-friendly and valuable in the pursuit of the best services possible.

A special thank you to Kathleen Quinn, Graphic Designer and Production Artist Intern on Special Project for this edition of the Resource Manual.

Karen Adams, Resource Specialist & Resource Manual Editor
Dave Wissink, Executive Director

We are requesting any updates or changes for the next edition of the Resource Manual be sent to the attention of Karen Adams by email or please call for further information.

kadams@contactefr.org (315) 478-1462 Ext. 337

1820 Lemoynne Avenue
Syracuse, NY 13208
(315) 478-1462
A PDF version is now available on our website
www.contactefr.org
The New York State Office for People With Developmental Disabilities (OPWDD) is responsible for coordinating services for people with developmental disabilities; including intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, traumatic brain injury prior to age 21 and other neurological impairments. It provides services directly and through a network of not-for-profit service providing agencies.

www.opwdd.ny.gov

ACCESS TO OPWDD SERVICES

The information session is a way for you to learn valuable information about: 1) The supports and services that may be right for you and how to access them 2) The options that exist for helping individuals and families 3) How the Front Door process works. Opening the door to a richer, fuller life, a person-centered approach to planning supports for people with developmental disabilities. To register for a information session contact:

CNYDDR0 Region 2 793-9600 Ext. 1

SELF-DIRECTION

Self-direction is a program that allows individuals to make choices about how to use their Medicaid and state funding to meet their needs and goals. Individuals, with the support of their family, friends and advocates, can choose from a broad range of staffing supports, programs and financial assistance with living expenses. Each Self-Direction Plan requires a Fiscal Intermediary and Support Broker. Individuals must attend Self-Direction Information Session to begin services.

Call to register 793-9600 Ext 1

FISCAL INTERMEDIARY (FI)

Individuals who choose Self-DIRECTION are required to have a Fiscal Intermediary (FI) agency that will provide the funding and oversight of the person’s plan. The FI agency will pay the person’s staff, provide required training, and ensure that all state and federal regulations are met. The FI will also pay costs that are included in the person’s approved budget. The Fiscal Intermediary will assign a representative who will participate in meetings to regularly provide budget updates and provide assistance as needed.

AccessNYC

1603 Court Street 455-7591
Syracuse, 13208 www.accessnyc.org

Exceptional Family Resources

1820 Lemooyene Avenue 478-1462
Syracuse, 13208 www.contactefr.org

H.O.M.E., Inc.

(Humanitarian Organization for Multi-cultural Experience)
831 James Street 472-5110
Syracuse, 13203 www.homecnycr.org

Liberty Resources, Inc.

1065 James Street 425-1004
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living

518 James Street Suite 110 434-9597
Syracuse, 13203 www.oclin.org

RCL (Resource Center for Independent Living)

PO Box 210 797-4642
Utica, 13503 www.rcl.com

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street 315-797-6241
Utica, NY 13502 www.kelbermancenter.org

BROKER SERVICES

The Broker is responsible for helping individuals develop their Self-Direction plan and budget based on decisions made by the individual and their team. The Broker is required to coordinate quarterly meetings, monitor the person’s expenses and may assist with oversight of staffing for the Self-Direction plan.

AccessNYC

1603 Court Street 455-7591
Syracuse, 13208 www.accessnyc.org

Advocates, Inc.

636 Old Liverpool Road 469-9931
Liverpool, 13088 www.advocatesincorporated.org

Exceptional Family Resources

1820 Lemooyene Avenue 478-1462
Syracuse, 13208 www.contactefr.org

Liberty Resources, Inc.

1065 James Street 425-1004
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living

518 James Street Suite 110 434-9597
Syracuse, 13203 www.oclin.org

RCL (Resource Center for Independent Living)

PO Box 210 797-4642
Utica, 13503 www.rcl.com

Exceptional Family Resources

1820 Lemooyene Avenue 478-1462
Syracuse, 13208 www.contactefr.org

H.O.M.E., Inc.

(Humanitarian Organization for Multi-cultural Experience)
831 James Street 472-5110
Syracuse, 13203 www.homecnycr.org

Liberty Resources, Inc.

1065 James Street 425-1004
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living

518 James Street Suite 110 434-9597
Syracuse, 13203 www.oclin.org

RCL (Resource Center for Independent Living)

PO Box 210 797-4642
Utica, 13503 www.rcl.com
MEDICAID SERVICE COORDINATION

Medicaid Service Coordination (MSC) assists individuals and their families in finding, obtaining and coordinating the necessary resources, services and supports to help people live as independently and successfully in the community as possible. Additionally, MSC’s provide oversight, information and advocacy as needed. The Medicaid Service Coordinator is responsible for developing, implementing and maintaining the Individualized Service Plan (ISP). The ISP is created through a person centered approach which allows people with disabilities and their families to create a vision of the future through choice and informed decision making. To be eligible for Medicaid Service Coordination, a child or adult needs to have a documented developmental disability, often referred to as having “eligibility.” To obtain eligibility for a person, the first point of contact is the Front Door at the CNYDDRO (Central New York Developmental Disabilities Regional Office) 315-793-9600. A person must also have Medicaid or be eligible to receive Medicaid. Agencies listed below are Medicaid Service Coordination (MSC) providers.

AccessNY

6666 Manlius Center Road ..................................... 218-1658
East Syracuse, 13057 www.accesscny.org

Central New York Quest Inc.
1065 James Street, Suite 210 ................................... 732-3431
Syracuse, 13203

OPWDD CNY DDRO
Central NY Region 2............................................. 793-9600 Ext. 1
www.opwd.ny.gov

Epilepsy-Pradl Inc. (EPI)
1065 James Street, Suite 220 .................................. 477-9777
Syracuse, 13203

Exceptional Family Resources (EFR)
1820 Lemoyne Avenue ......................................... 478-1462
Syracuse, 13208 www.epiny.org

Arc of Onondaga
600 S. Wilbur Avenue ........................................... 473-5027
Syracuse, 13204 www.arcny.org

ARISE Child and Family Service, Inc
635 James Street .................................................. 472-3171
Syracuse, 13203 www.ariseinc.org

Cayuga Centers
2507 James Street, Suite 201 & 205 ......................... 253-5383
Syracuse, 13206 www.cayugacenters.org

Catholic Charities of Onondaga County
1654 W. Onondaga Street ...................................... 424-1800
Syracuse, 13204 www.ccoc.us

Central New York Quest Inc.
1065 James Street, Suite 210 ................................... 732-3431
Syracuse, 13203

Central New York Services, Inc.
518 James Street .................................................. 478-2453
Syracuse, 13203

Community Options New York, Inc.
216 W. Manlius Street ...................................... 431-9859
E. Syracuse, 13057 www.comop.org

E. John Gavras Center
182 North Street ............................................. 282-0562
Auburn, 13021 www.gavrascenter.com

Elmcrest
228 Lafayette Road .............................................. 492-2131
Syracuse, 13205 www.elmcrest.org

Epilepsy-Pradl Inc. (EPI)
1065 James Street, Suite 220 ................................. 477-9777
Syracuse, 13203

Exceptional Family Resources
1220 Lemoyne Avenue ........................................ 478-1462
Syracuse, 13208 www.epiny.org

H.O.M.E. Inc.
(Humanitarian Organization for Multicultural Experiences)
831 James Street ................................................ 472-5110
Syracuse, 13203

Huntington Family Center
405 Gifford Street ........................................... 476-3157
Syracuse, 13204 www.huntingtonfamilycenters.org

Liberty Resources, Inc.
1065 James Street ............................................. 425-1004
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living
518 James Street, Suite 110 ................................... 434-9597
Syracuse, 13203 www.onclinc.org

Self-Direct, Inc.
12 Oswego Street .............................................. 635-5374
Baldwinsville, 13027 selfDirectorInc.com

Spaulding Support Services
6520 Basile Rowe .............................................. 478-6210
Syracuse, 13057 www.spauldingsupportservices.org

Syracuse Jewish Family Service
4101 E. Genesee Street ...................................... 445-0820
Syracuse, 13214 www.sfjs.org

The Kelberman Center
Offices in Syracuse and Utica
2608 Genesee Street ........................................... 315-797-6241
Utica, NY 13502 www.kelbermancenter.org

Toomey Residential and Community Services, Inc.
1654 W. Onondaga Street .................................. 424-1845
Syracuse, 13204 www.toomeyres.com

Unity House of Cayuga County, Inc.
31 Market Street ............................................. 258-9531 Ext. 202
Auburn, 13021 www.unityhouse.com

HCBS WAIVER SERVICES

HOME AND COMMUNITY-BASED SERVICES (HCBS)

Most OPWDD services are funded through Medicaid; therefore, in most cases, it is necessary that individuals seeking services from OPWDD enroll in Medicaid. You must be eligible for and enrolled in Medicaid to enroll in the HCBS waiver. Contact your MSC for HCBS waiver eligibility and enrollment.

COMMUNITY HABILITATION (CH)
Community Habilitation is a service that increases independent living skills. A Direct Support Professional (DSP) staff member will support a person to build meaningful life skills within a person’s home and their community. Goals are developed during the person-centered planning process and are reflected within the valued outcomes of the ISP. Goals may include: self-advocacy, travel training, household chores, money management, healthy living/fitness, self-care, cooking, and socialization. This is a OPWDD Waiver service contact your MSC for more details.

AccessNY
6666 Manlius Center Road ................................. 218-0825
East Syracuse, 13057 www.accesscny.org

Arc of Onondaga
600 S. Wilbur Avenue ....................................... 476-7441
Syracuse, 13204 www.ariseinc.org

ARISE Child and Family Service, Inc.
635 James Street ............................................... 472-3171
Syracuse, 13203 www.ariseinc.org

Central New York Developmental Disabilities Regional Office (CNYDDRO)
1065 James Street, Suite 210 ............................... 315-9500
N. Syracuse, 13212 www.opwd.ny.gov

Central New York Quest Inc.
1065 James Street, Suite 210 ............................... 732-3431
Syracuse, 13203

Community Options New York, Inc.
157 Northern Concourse.................................. 431-9859
E. Syracuse, 13057 www.comop.org

Elmcrest
228 Lafayette Road ............................................. 492-9990 Ext. 204
Syracuse, 13205 www.elmcrest.org

Epilepsy-Pradl Inc. (EPI)
1065 James Street, Suite 220 ................................. 477-9777
Syracuse, 13203
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Exceptional Family Resources (EFR)
1820 Lemenoy Avenue
Syracuse, 13208
478-1462
www.contactefr.org

H.O.M.E., Inc.
Humanitarian Organization for Multi-cultural Experience
831 James Street
Syracuse, 13203
472-5110
www.homeincny.org

InclusiveU at Syracuse University
305 Huntington Hall
Utica, NY 13502
433-4058
www.taishoffcenter.syr.edu/inclusiveu

Learning Disabilities Association of CNY (LDA)
6520 Basile Rowe
Syracuse, 13202
475-1688
870-9453
www.ldacny.org

Liberty Resources, Inc.
1045 James Street
Syracuse, 13208
425-1004
www.libertry-resources.org

Onondaga Community Living (OCL)
518 James Street, Suite 110
Syracuse, 13203
434-9597
www.oclin.org

Project SEARCH at Syracuse University
308 Huntington Hall
Syracuse, 13203
807-2522
www.taishoffcenter.syr.edu/projectsearch

Salvation Army
677 S. Salina Street
Syracuse, 13202
475-1688
www.sasyr.org

SELF-DIRECT, Inc.
12 Oswego Street
Baldwinsville, 13027
635-5374
www.selfdirectinc.com

Spaulding Support Services
6520 Basile Rowe
East Syracuse, 13057
478-6210
www.spauldingsupport.org

The Kelberman Center
2608 Genesee Street
East Syracuse, 13057
315-797-6241
www.kelbermancenter.org

Toomey Residential and Community Services
1654 W. Onondaga Street
Syracuse, 13204
424-1845
www.ecoc-us.org

DAY HABILITATION
Day Habilitation, or "Day Hab" targets activities that typically take place outside the home. These activities could include a person joining and participating in a local health club and/or contributing to the community through volunteer work. Separate activities are tied together as they address outcomes the individual has identified, such as becoming more independent, improving health through physical activity, and becoming involved in the community, as stated in their Individualized Service Plan (ISP). To receive day habilitation, an individual with a developmental disability must be enrolled in Medicaid and on the Medicaid Waiver. People are referred by their Medicaid service coordinator. Day habilitation is a service of the Home and Community Based Services Medicaid (HCBS) Waiver.

AccessCNY
1603 Court Street
Syracuse, 13208
455-7591
www.accescny.org

Arc of Onondaga
600 S. Willbur Avenue
Syracuse, 13204
476-7441
www.arcon.org

Central New York Developmental Disabilities Regional Office (CNYDDROR)
187 Northern Concourse
Syracuse, 13204
473-0305
www.ondak.org

Community Options New York Inc.
216 W. Manlius Street
Syracuse, 13057
431-8859
www.comon.org

David Clark Learning Center (AccessCNY)
6666 Manlius Center Road
East Syracuse, 13057
410-3340
www.sunyce.edu

Foundations Program at Onondaga Community College
J. Stanley Coyne Hall, 4969 Onondaga Road
Syracuse, 13215
498-6605
www.occ.cnycc.edu

H.O.M.E. Inc.
831 James Street
Syracuse, 13203
472-5110
www.homeincny.org

Gateway Day Habilitation
320 Gateway Park Drive
Syracuse, 13212
452-0992
www.ldacny.org

Liberty Resources, Inc.
1045 James Street
Syracuse, 13203
425-1004
www.libertry-resources.org

Loretto Daybreak Adult Medical Day Program
161 Intrepid Lane
Syracuse, 13205
498-4405
www.loretto.org

Onondaga Community Living
518 James Street
Syracuse, 13203
434-9597
www.oclin.org

Toomey Residential and Community Services
1654 W. Onondaga Street
Syracuse, 13204
424-1845
www.ecoc-us.org

EMPLOYMENT SERVICES

EMPLOYMENT TRAINING PROGRAM (ETP)
All individuals that are accepted into this internship program will meet the necessary requirements to become a NYS employer. Supports provided through ETP include job development, job placement, and job coaching services. The ETP internships assist individuals to obtain employment to earn at least minimum wage. Participants must also attend monthly job readiness classes. ETP is geared towards individuals who have a strong work ethic and/or volunteer history. This is a OPWDD Waiver service contact your MSC for more details.

AccessCNY
420 East Genesee Street
Syracuse, 13202
478-4151
www.accescny.org

Arc of Onondaga
346 N. Midler Avenue
Syracuse, 13206
424-6000 Ext. 2100
www.arcon.org

ARISE Child and Family Service, Inc.
635 James Street
Syracuse, 13203
472-3711
www.ariseinc.org

Elmcrest Children's Center
228 Lafayette Road
Syracuse, 13205
492-9990 Ext. 228
www.elmcrest.org

Exceptional Family Resources (EFR)
1820 Lemenoy Avenue
Syracuse, 13208
478-1462 Ext. 562
www.ecfr.org

H.O.M.E. Inc.
831 James Street
Syracuse, 13203
472-5110
www.homeincny.org

Liberty Resources, Inc.
1045 James Street
Syracuse, 13203
425-1004
www.liberty-resources.org

Onondaga Community Living
518 James Street Suite 110
Syracuse, 13203
434-9597
www.oclin.org

PATHWAY TO EMPLOYMENT
Pathway to Employment is a one-year time limited service for people wanting to build work skills and discover their job interests. Some of the services available are: travel training, building social skills, career exploration, volunteer experiences, job shadowing and career/vocational planning. This is a OPWDD Waiver service contact your MSC for more details.

AccessCNY
1603 Court Street
Syracuse, 13208
410-3385
www.accescny.org

Arc of Onondaga
346 N. Midler Avenue
Syracuse, 13206
424-6000 Ext. 2100
www.arcon.org

ARISE Child and Family Service, Inc.
635 James Street
Syracuse, 13203
472-3711
www.ariseinc.org

Elmcrest Children's Center
228 Lafayette Road
Syracuse, 13205
492-9990 Ext. 228
www.elmcrest.org

Exceptional Family Resources (EFR)
1820 Lemenoy Avenue
Syracuse, 13208
478-1462 Ext. 562
www.ecfr.org

H.O.M.E. Inc.
831 James Street
Syracuse, 13203
472-5110
www.homeincny.org

Liberty Resources, Inc.
1045 James Street
Syracuse, 13203
425-1004
www.liberty-resources.org

Onondaga Community Living
518 James Street Suite 110
Syracuse, 13203
434-9597
www.oclin.org

Unity Employment Services
518 James Street Suite B-2
Syracuse, 13203
478-4240 Ext. 106
www.unityhouse.com
COMMUNITY BASED PREVOCATIONAL SERVICES

This service would benefit individuals who need to build job skills in order to obtain future employment. The purpose of this service is habilitative rather than teaching a specific job task or skill. Prevocational Services are provided to persons not expected to join the general workforce within one year. Individuals develop skills through job shadowing and volunteer work. Allowable services include: learning to follow directions, attending to task, problem solving, work safety, demands of the work place and task completion. This is an OPWDD Waiver service contact your MSC for more details. 

AccessCNYS
420 East Genesee Street ........................................... 478-4151
Syracuse, 13202 contact@accesscny.org

Arch of Onondaga
346 N. Midler Avenue ........................................... 424-6000
Syracuse, 13206 accesscny.org

SEMP (SUPPORTED EMPLOYMENT)

This service provides assistance and staff support for an individual to obtain, maintain or advance in employment. A job coach will assist with on-the-job training such as; work tasks, problem solving, communication and travel training. Based on an individuals needs supported employment services may vary. This is an OPWDD Waiver service contact your MSC for more details.

AccessCNYS
420 East Genesee Street ........................................... 478-4151
Syracuse, 13202 contact@accesscny.org

Arch of Onondaga
346 N. Midler Avenue ........................................... 424-6000
Syracuse, 13206 accesscny.org

ARISE Child and Family Service, Inc.
635 James Street ................................................... 370-2673
Syracuse, 13203 www.ariseinc.org

AURORA of Central New York, Inc.
518 James Street, Suite 100 ........................................... TDD 422-2763
Syracuse, 13206 www.auroraofcny.org

Community Options New York, Inc.
216 W. Manlius Street ........................................... 431-9859
E. Syracuse, 13057 www.comop.org

Elmcrest Children’s Center
428 Lafayette Road ..................................................... 492-9990 Ext. 228
Syracuse, 13205 www.elmcrest.org

Exceptional Family Resources (EFR)
1820 Lemonye Avenue ........................................... 478-1462 Ext. 562
Syracuse, 13206 www.contactefr.org

Learning Disabilities Association of CNY (LDA)
1212 Main Street ..................................................... E. Syracuse, 13057 870-9460
www.ldacny.org

Liberty Resources, Inc.
474 James Street ..................................................... 425-1004
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living
518 James Street ..................................................... 434-9597
Syracuse, 13203 www.olcinc.org

St. Joseph’s Vocational Services
747 James Street ..................................................... 703-2759
Syracuse, 13203 www.sjvcs.org

Unity Employment Services
518 James Street Suite B-2 ........................................... 478-4240 Ext. 106
Syracuse, 13203 www.unitthouse.com

ADDITIONAL EMPLOYMENT SUPPORTS

Central New York Services, Inc.
PROS (Personalized Recovery Oriented Services)
375 W. Onondaga Street ........................................... 478-2030
Syracuse, NY 13202 www.cnyservices.org

PROS (Personalized Recovery Oriented Services) employment services are designed to enable participants to successfully develop individual capacities for getting and keeping a job. This is achieved through consistent participation in a variety of evidence-based employment related classes. In addition, our professional staff works one-on-one with participants to address work behaviors, learn social skills in the work place, practice effective communication, problem solve, attend to grooming/hygiene, and set goals. Skill development and ongoing support are key components of the program.

Circare
620 Erie Blvd West, Suite 302 ................................... 472-7363
Syracuse, 13204 www.circare.org

Circare provides employment services through several programs, to fulfill the needs of a wide-range of people. The Home and Community Based Employment program provides people with Mental Illness and Substance Use Disorders, specially designed employment services to help them gain employment. Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) beneficiaries can access the Employment Network /Ticket to Work Program, to find employment services for beneficiaries with a range of disabilities. Recipients of the New York State Adult Career and Continuing Education Services (ACCESS-VR) can receive Direct Employment Services and Certified Work Incentive Benefit Planning from Circare. Contact an ACCESS-VR counselor, to find out more about these services.

Spanish Action League of Onon. Co., Inc.
1045 James Street ..................................................... 475-6153
Syracuse, 13204 www.laligaupstatecny.org

Bilingual information and assistance mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background. The careers department assists with applications, resume development, job leads and placements.

ENVIRONMENTAL MODIFICATIONS (EMODS)

Environmental Modifications are adaptations to the home or property that are necessary to increase or maintain a person’s ability to live at home with independence and assured safety. These adaptations address needs related to physical, behavioral, or sensory disabilities. This is a OPWDD Waiver service contact your MSC for more details.

AccessCNYS
6666 Manlius Center Road ......................................... 218-0844
East Syracuse, 13057 www.accesscny.org

ARISE Child and Family Service, Inc.
635 James Street ..................................................... 472-3171
Syracuse, 13203 www.ariseinc.org

Central New York Developmental Disabilities Regional Office (CNYDDROR)
187 Northern Concourse ........................................... 635-5374
Syracuse, 13212 www.opwd.ny.gov

SELF-DIRECT, Inc.
12 Oswego Street ..................................................... 635-5374
Baldwinsville, 13027 www.selfdirectbreak.com

notes…

FAMILY EDUCATION & TRAINING

Family Education and Training (FET) is a HCBS waiver service provided to the parent/guardian of whose children are under 18 years of age to maintain their Medicaid Insurance. Instructors that provide FET trainings should be recognized experts in their field and possess the appropriate credentials which are deemed satisfactory to the Central New York Developmental Disabilities Regional Office. Agency FET providers may not have more than eight FET parents participate in any single session. Sessions must be a minimum of two hours each. Contact your MSC for arrangements or one of the FET provider agencies listed below.

Exceptional Family Resources (EFR)
1820 Lemonye Avenue ........................................... 478-1462
Syracuse, 13208 www.contactefr.org

Our FET class schedule is on our website.

INDIVIDUALIZED SUPPORT SERVICES

The Individualized Support Services (ISS) program is designed to help people live on their own rather than in a group home or with other family members. ISS provides funding which, in addition to individual’s current income, helps to pay necessary bills. As few people have enough money to buy everything they want, each person will need to make some decisions between things that they really NEED (a place to live, clothes to wear, etc.) versus things they WANT but really don’t need. All ISS recipients must meet OPWDD’s (Office for People With Developmental Disabilities) eligibility guidelines including criteria about a person’s living situation. A person with a developmental disability (DD) living alone or living with non-related household members, a single parent/head of household with developmental disabilities, a married couple, one or both with developmental disabilities with or without children, a person living with a sibling, both with developmental disabilities.

AccessCNYS
6666 Manlius Center Road ......................................... 218-0844
East Syracuse, 13057 www.accesscny.org

ARISE Child and Family Service, Inc.
635 James Street ..................................................... 472-3171
Syracuse, 13203 www.ariseinc.org

Epilepsy-Pradilc Inc (EPI)
1045 James Street, Suite 220 ..................................... 477-9777
Syracuse, 13203 epinys.org

SELF-DIRECT, Inc.
12 Oswego Street ..................................................... 635-5374
Baldwinsville, 13027 www.selfdirectbreak.com

notes…
### INTENSIVE BEHAVIOR SERVICES (IBS)

Intensive Behavior Services (IBS) specifically addresses the needs of families caring for a child or adult at home who is displaying challenging behaviors that threaten the capacity of the family to cope and result in increased risk for out of home placement. This service comprises a high quality, time-limited, intensive intervention that includes functional behavioral assessment, the development of a targeted behavior management plan, and consultation to families and professionals working with children with autism spectrum disorders. Services for families who wish to help with parenting and behavioral training and consultation to families and professionals working with children with autism spectrum disorders. Services for families who wish to help with parenting their children. Professionals who are working with a specific child at home or school, professionals who are interested in further training and mentoring in providing appropriate services.

### OTHER BEHAVIOR SUPPORTS-NON WAIVER

Autism Spectrum Related Disorders Clinic at Margaret L. Williams Developmental Evaluation Center - 215 Irving Avenue, Suite 108, Syracuse, 13210

- [www.developmentalevaluationcenter.com](http://www.developmentalevaluationcenter.com)
- 315-797-6241
- [www.onondagacommunityliving.org](http://www.onondagacommunityliving.org)
- 315-797-6241

### FEEDING DISORDERS

The services for Feeding Disorders is comprised of services for both Severe Behavior Disorders and Feeding Disorders. The services for Severe Behavior Disorders include the assessment and treatment of challenging behavior (e.g., aggression, self-injury, pica, property destruction, general disruptive behavior, non-compliance) displayed by children and adolescents with developmental disabilities. More specifically, a team of Licensed Psychologists, Board Certified Behavior Analysts (BCBAs), and direct-care staff will assist families with understanding the purpose and impact of their child’s challenging behavior and develop an individualized treatment that focuses on the prevention of future occurrences of the challenging behavior. Caregivers are trained in basic behavior management techniques, as well as on the treatment procedures specific to their child’s challenging behavior. Finally, clinical services are supplemented with in-home visits to ensure caregiver of the behavior management techniques into the child’s natural environment. Children appropriate for these services are those whose behavior puts them or their family at serious risk for diminished health and/or the child is at risk for a change in their home or school placement. The services for Feeding Disorders include the assessment and treatment of a variety of feeding difficulties displayed by children both with and without developmental disabilities. Feeding difficulties may include: food selectivity, food refusal, and limited or limited food consumption due to a medical complication (e.g., presence of G-tube). The feeding staff work toward the development of a structured meal plan that is designed to meet the needs of each individual child. Caregivers are trained in the techniques that are used to assisting their child in being successful. Additionally, clinical services are supplemented with in-home visits to ensure the child continues to consume all foods successfully within the natural environment. Prior to receiving feeding services, all individuals need to obtain medical clearance from Upstate Medical Gastroenterology.

### RESPIRE

Respite gives families and caregivers an opportunity for temporary relief of the daily responsibility of caring for a person who has a disability. Most agencies require OPWDD eligibility and HCBS waiver eligibility.

### ARISE Child and Family Service, Inc.

- [www.ariseinc.org](http://www.ariseinc.org)
- 315-797-6241

Our Respite services give parents and caregivers a much-needed break. Whether you need to work, run errands, or just relax, we can provide safe supervision and a variety of social and recreational experiences to children and adults with disabilities. After-School Respite is available in Onondaga and Madison County. In Home Respite is available in Madison, Onondaga & Oswego Counties.

### OTHER RESOURCES

The collection includes a variety of resources to assist families, caregivers, and professionals working in the field of developmental disabilities. This resource list is comprehensive and covers a wide range of topics, including medical genetics, educational programs, support services, and community resources. The goal of this collection is to provide families, caregivers, and professionals with access to valuable information and support. Each resource is accompanied by contact information, which includes phone numbers and web addresses. This ensures that families, caregivers, and professionals can easily reach out to the organizations for assistance.

### Exceptional Family Resources (EFR)

Exceptional Family Resources (EFR) is a nonprofit organization that provides a wide range of services and resources to families with children who have special needs. The organization offers various programs and services, including respite care, support groups, and advocacy. The goal of EFR is to help families navigate the complex system of services and support available to their children, ensuring that they receive the care they need to thrive.

### Self-Direct, Inc.

- [www.selfdirectinc.com](http://www.selfdirectinc.com)
- 315-797-6241

Self-Direct, Inc. is a provider of self-directed services that enable individuals with disabilities to have more control over their lives. The organization offers a range of services, including personal support, home care, and advocacy. Self-Direct, Inc. empowers individuals to make their own choices about how they want to live, ensuring that they can maintain their independence and quality of life.

### Other Resources

Other resources include a variety of organizations and services that support families, caregivers, and professionals working in the field of developmental disabilities. These resources cover a wide range of topics, including medical genetics, educational programs, support services, and community resources. The goal of this collection is to provide families, caregivers, and professionals with access to valuable information and support. Each resource is accompanied by contact information, which includes phone numbers and web addresses. This ensures that families, caregivers, and professionals can easily reach out to the organizations for assistance.
ADDITiOnAL RESPITE SERVICES

David’s Refuge
8195 Cazenovia Road ........................................... 682-4204
Manlius, 13104 www.davidstreetrefuge.org

“Caring for the Caregiver” a bed and breakfast retreat in Manlius for parents/guardians who care for children of any age with special needs; child must live full time in the family home and be OPWDD eligible.

dUbArn Center
1453 S. State Street ........................................... 476-4269
Syracuse, 13205 www.dubarnaissance.org

Dunbar Center
330 S. Ustick Street ............................................. 376-0333
North Syracuse, 13212 www.northsyracusecenter.org

A non-profit community day service center for adults with disabilities ages 21 and older. There are programs for adults of all levels of ability. All programs are free to residents of the village of North Syracuse. Call for more information.

AccessCNY
100 Malta Lane ................................................. 452-5800
Syracuse, 13212 www.accesscny.org

Programs for children ages 5-19, that will help enhance and produce well-rounded youth that exhibit logical thoughts and are better prepared to enter the work force and/or institutions of higher learning.

 acneCNY (Program of All-Inclusive Care for the Elderly)
- Sally Coyne Center
100 Malta Lane ................................................. 452-5800
Syracuse, 13212

- Catherine McAluife Center
700 E. Brighton Avenue ...................................... 452-5800
Syracuse, 13205 www.pacecny.org

ST. CAMILLUS ADULT DAY HEALTH
930 Court Street .................................................. 488-2951
Syracuse, 13219 www.st-camillus.org

ADULT MEDICAL DAY PROGRAMS

Serves adults (typically age 21 and older) requiring medical services including those with diabetes, stroke, multiple sclerosis, Parkinson’s, heart failure, emphysema, epilepsy, and traumatic brain injury. Medical monitoring, assessment, treatment and education, chronic disease management, supervision, socialization, and nutrition services are provided. Medical Day Programs help to keep people independent and healthy so visits to physicians and hospitalizations can be minimized and support individuals in order to prevent or delay placement in health-related facilities. Transportation to these programs is provided. Medical Day Programs are reimbursed by Medicaid. Participation in the Medicaid Home and Community Based Service (HCBS) Waiver is not required. In the last several years, long waiting lists for Day Habilitation services through the HCBS Waiver have resulted in more people with developmental disabilities being served in Medical Day Programs. A doctor’s referral is required.

Central Park Rehabilitation and Nursing Center Day Away Program
116 E. Castle Street ........................................... 475-1641
Syracuse, 13205 www.centralparkrehab.com

Loretto Daybreak Adult Medical Day Program
161 Intrepid Lane .............................................. 498-4405
Syracuse, 13205 www.loretto-cny.org

Menorah Park Rothschild Adult Day Health Program
4101 E. Genesee Street ....................................... 446-9111
Syracuse, 13214 www.menorahparkcny.com

Adapt ive EQUIPMENT

AccessCNY
100 Malta Lane ................................................. 452-5800
Syracuse, 13212

Adaptive equipment available for loan.

ARISE Child and Family Service, Inc.
635 James St ..................................................... 472-3171
Syracuse, 13203 www.ariseinc.org

Adaptive equipment available for loan.

AURORA of Central New York, Inc.
518 James Street, Suite 100 ............................ 422-7263
Syracuse, 13203

www.auroracny.com

Assistive devices for individuals with vision/hearing loss; talking watches, large print materials, flashing safety devices and household supplies.

ADULT DAY PROGRAMS

not es...

Pace CNY after School Programs
Boys and Girls Club of Syracuse
Administration ................................................ 472-6714
Syracuse, 13224 www.bgcscny.org

2100 E. Fayette Street ........................................ 472-6727

1360 James Street ............................................. 466-0521

The Boys & Girls Club is a youth development agency whose goal is to inspire and enable all young people in the Syracuse area, especially those who need us most, to realize their full potential as productive, responsible and caring citizens. Call administrative offices for programs and sites in other neighborhoods.

casey’s place
228 Lafayette Road ............................................ 492-9990
Syracuse, 13205

www.elcrest.org

After school site-based respite for children ages 3 to 21 with developmental disabilities and/or medical conditions who qualify for OPWDD services.

Catholic Charities Neighborhood Centers
1654 W. Onondaga Street .................................. 424-1800
Syracuse, 13204

www.cccsc.org

- Bishop Foery Foundation
100 Edmund Avenue, Syracuse, 13205 ............ 475-8316

- Hawley Youth Organization
716 Hawley Avenue, Syracuse, 13203 .............. 472-6343

- Northside CYO
527 N. Salina Street, Syracuse, 13208 ............. 474-7428

- Vincent House
500 Seymour Street, Syracuse, 13204 ............. 475-9844

- Westmoreland Park
130 Westmoreland Avenue, Syracuse, 13224 .... 473-6754

Child Care Solutions
6724 Thompson Road ...................................... 446-1220
Syracuse, 13211

www.childcarecny.com

Provides parents with referrals to child care centers, family child care homes, before and after-school programs, nursery schools and summer camps. It also mails written materials to help parents choose a child care program which best meets their family needs.

Dunbar Center
1453 S. State Street ........................................... 476-4269
Syracuse, 13205

www.dubarnaissance.org

Our goal is to provide after school and respite programming to children ages 5-19, that will help enhance and produce well-rounded youth that exhibit logical thoughts and are better prepared to enter the work force and/or institutions of higher learning.
Spanish Action League of Onon, Co., Inc. 100 Oswego Street 475-6153
Syracuse, 13204 www.talnugstatecny.org
Bilingual information and assistance is mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background. The after-school program staff conduct proactive interventions with at-risk youth and their families, assists with homework, creates enrichment activities in partnership with La Casiita Cultural Center and SU, and enables youth to participate in putting together and performing plays through La Joven Guarida del Teatro Latino.

Syracuse Model Neighborhood Facility, Inc. Southwest Community Center 401 South Avenue 474-6823
Syracuse, 13204 www.swceny.org
After-school and day-long summer sessions.

Westcott Community Center 826 Euclid Avenue 478-6834
Syracuse, 13210 www.westcottc.org
Committed to address inclusion, the Center offers programs and services including: senior programs Golden Cafe for daily lunch and socialization, dinners and classes, the Neighborhood Advisor program, and fitness classes. Recreation programs for all ages including Euclid Recreation Club, dances with live music and activities. Our Kid’s Club after-school program welcomes youth ages 8-14 with disabilities.

Whole Me, Inc. 1010 James Street 468-3275
Syracuse, 13209 www.wholemeinc.com
Promotes an integrated approach to lifelong learning for deaf, hard-of-hearing, young adults, and their families. Provides access to educational, and community programs and resources. After-school programs for deaf/ah and hearing children; may have additional disabilities.

notes…
The BIC is comprised of brain injury survivors, family members and community organizations which provides education, resources, activities and a support group.

**Catholic Charities of Onondaga County**  
1654 W. Onondaga Street  
Syracuse, 13202  
424-1800  
www.ccox.org

Catholic Charities of Onondaga County is one of the area’s leading not-for-profit human services agencies, providing compassionate care and advocacy for all people in need, regardless of religion, race, ethnicity, or nationality.  
The agency’s programs focus on children and families, at-risk youth, refugees, the homeless, those in need of emergency assistance, and the elderly, as well as disadvantaged, addicted, and/or developmentally disabled individuals.

**Central New York Developmental Disabilities Regional Office (CNYDDRO)**  
187 Northern Concord  
Syracuse, 13212  
473-5050  
www.opwd.ny.gov

CNYDDRO is an agency of the New York State Office for People With Developmental Disabilities (OPWDD). Central New York DDRO works in partnership with families, voluntary agencies, and local governments to design, develop, and deliver programs and services that meet the needs of each individual and his or her family. Provides residential, habilitative, vocational, and support services; home modification, counseling, recreation, respite, advocacy, life planning, clinical services, and referrals to community agencies for people with developmental disabilities and their families. Serving Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida, Onondaga and Oswego Counties.

**Central New York Quest Inc.**  
903 Genesee Street  
Syracuse, 13202  
425-5364  
www.hic-cny.org

Central New York Quest Inc.’s mission is to enrich the lives of people with developmental, intellectual, and mental health disorders by providing comprehensive, state-of-the-science assessment and treatment services; facilitating systemic improvements in services and education; and supporting and advocating for individuals in their quest for achieving their maximum potential, and enhancing community support and education.

**Circare**  
620 Erie Blvd West, Suite 302  
Syracuse, 13204  
472-7363  
www.circare.org

Circare supports individuals and families in identifying and achieving behavioral and physical health and wellness goals. Circare offers care management for adults and children, outpatient behavioral health treatment, peer services, vocational services, care coordination and crisis intervention for youth and families, Home and Community Based Services for HARP plan beneficiaries, and Assertive Community Treatment. Circare’s core value of providing person-centered services is embedded in all programs and promotes personal choice, respect for diversity, individuality, and community inclusiveness.

**Community Options New, Inc.**  
216 W. Manlius Street  
E. Syracuse, 13057  
431-8859  
www.comop.org

Specializes in residential services, day program services and service coordination for individuals with traumatic brain injury. The center provides service for people under the OPWDD Medicaid Waiver and the Dept. of Health. Traumatic Brain Injury and nursing home transition and Diversion Waivers.

**Contact Community Services, Inc.**  
6311 Court Street Road  
East Syracuse, 13057  
251-1400  
www.contactcs.org

Contact is dedicated to suicide awareness and prevention with free, confidential and 24/7 counseling and trainings that advance positive behavior and social, emotional and mental health skills and adult wellness. Suicide prevention services include the local Crisis Counseling Hotline; National Suicide Prevention Lifeline; Crisis Chat online service; Telecare service for homebound residents; Crisis Center Follow-up; and 211CNY (www.211cnyc.com), an information and referral line for basic needs, human services, developmental disability services and mental health services. Contact also offers school-based services with programs that includes K-12 that develop students’ social, emotional, behavioral and mental health skills. And Contact provides community trainings, including Mental Health First Aid, Anger Management and Children 1st for separating ordivorced parents.  
Contact is a member of the Sudden Infant and Child Death Resource Center.

**Elcmrest Children’s Center**  
906 Salt Springs Road  
Syracuse, 13224  
446-6250  
www.elcmrest.org

Residential and community-based services to children and families that meet their needs. Education services, counseling, respite, preschool and emergency foster care.

**-Bridges to Health**  
Syracuse, 13202  
732-3431  
www.btbcny.org

-Bridges to Health meets the need of children in foster care who are at risk of being placed in long-term institutional care. Services provided in multiple NYS counties. Services include counseling, case management, and Waiver services.

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**H.O.M.E., Inc.**  
has six programs and two housing complexes designed to provide quality services to people with developmental disabilities: Medicaid service coordination, housing opportunities, supportive apartments, family care, day habilitation, community habilitation, pre-vocational and after school respite programs.

**Huntington Family Center**  
405 Gifford Street  
Syracuse, 13202  
479-1357  
www.huntingtonfamilycenter.org

Huntington Family Center in Syracuse, NY provides information and outreach, offers parent education, adolescent treatment programs, family support services, Medicaid service coordination, senior case management, youth and teen programs. Serving families with disabilities.

**Learning Disabilities Association of CNY (LDA)**  
212 E. Manlius Street  
Syracuse, 13057  
432-0665  
www.ldacny.org

Serves individuals with learning disabilities, ADHD and related disorders. Provides information and referral to community supports, educational advocacy, employment services, case management (HCI) and Waiver services providers (WSP). Serves Madison, Cayuga, Cortland and Herkimer Counties who are at risk of being placed in long-term institutional care. Services provided in multiple NYS counties. Services include counseling, case management, and Waiver services.

**Elmcrest Children’s Center**  
906 Salt Springs Road  
Syracuse, 13224  
446-6250  
www.elcmrest.org

Residential and community-based services to children and families that meet their needs. Education services, counseling, respite, preschool and emergency foster care.

**-Bridges to Health**  
Syracuse, 13202  
732-3431  
www.btbcny.org

-Bridges to Health meets the need of children in foster care who are at risk of being placed in long-term institutional care. Services provided in multiple NYS counties. Services include counseling, case management, and Waiver services.

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Serves individuals with learning disabilities, ADHD and related disorders. Provides information and referral to community supports, educational advocacy, employment services, case management (HCI) and Waiver services providers (WSP). Serves Madison, Cayuga, Cortland and Herkimer Counties who are at risk of being placed in long-term institutional care. Services provided in multiple NYS counties. Services include counseling, case management, and Waiver services.
**PEACE, Inc.**
217 S. Salina Street, 2nd floor ........................................ 470-3300
Syracuse, NY 13202

Serves low income families, offering many programs for families & individuals of all ages. For youth, such as Big Brothers/Big Sisters, Head Start and Early Head Start community and Family Resource Centers; for seniors, such as community and Family Resource Centers, energy and housing (weatherization), information & assistance, food & grocery grant programs and senior nutrition; and family services such as energy and housing (weatherization), income tax preparation and community and Family Resource Centers. Family Resource Centers throughout the city and county provide emergency assistance, crisis interventions, and supportive services, advocacy, education, and family development.

**Salvation Army**
677 S. Salina Street .............................................. 475-1688
Syracuse, 13205

Offers counseling, emergency housing care and material assistance to individuals and families; safe, affordable supervised apartments for young mothers ages 16-21 and their children. Comprehensive youth services include residential care and counseling for runaway and homeless youth; counseling and case management for pregnant or parenting teens; Youth Community Center; PRISM program; shelter and transitional housing services to those who wish to live independently, and their families. Also provides a senior citizens’ nutrition and socialization program for people age 65-46 with developmental disabilities living alone or with their families; day care centers; residential camping for children, families and the elderly; emergency disaster relief.

**SELF-DIRECT, Inc.**
12 Oswego Street .................................................... 635-5374
Broome, NY 13906

Serves people with TBI with a wide variety of services: Independent living skills training and environmental modifications, Intensive Behavioral Program, Home and Community Support Services, Community Integration Counseling, Home and Community Support Services.

**Spanish Action League of Onon, Co., Inc.**
100 Oswego Street .................................................. 475-6153
Syracuse, 13204

Broome sophistication and community support, a piece of equipment used to maintain or improve a person’s functional capabilities. For students, a school district’s speech language therapist, physical and/or occupational therapist may be able to help identify appropriate equipment and/or technology. Funding for assistive technology can come from many sources, including Medicaid, Medicare, school districts, private insurance, or private sources. This section suggests places to find information and funding, as well as resources for assistive technology.

**ASSISTive TECHNOLOGY**

**STARbridge**
1650 South Avenue, Suite 200 ..................................... 345-2585
Toll Free Phone ...................................................... 1-800-650-4967
Rochester, NY 14620

www.starbridgeinc.org

Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester. Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy trainings and workshops for families and professionals.

**Syracuse Jewish Family Service, Inc.**
4101 E. Genesee Street ............................................. 445-9111
Syracuse, 13214

Services for special populations include consultation, comprehensive assessments and care management for older adults and individuals with special needs. We and landlord/tenant programs, family support and foreclosure assistance) departments. All departments offer information/referral and interpretation/translation services.

**Spaulding Support Services**
5250 Basile Rowe .................................................... 478-6210
East Syracuse, 13057

To support the evolving needs of people with developmental disabilities by focusing our efforts on assistance for people to live in homes of their choice, assistance in locating and utilizing supports to accomplish personal goals and meet housing goals, and care coordination in the day-to-day care of their loved one with a disability. Spaulding Support Services advances this mission by focusing its efforts in community habilitation, service coordination, residential housing options and respite services.

**Toomey Residential and Community Services**
1654 W. Onondaga Street .......................................... 424-1845
Syracuse, 13204

Offers Medicaid service coordination, community hab, full-day preschool, respite, behavior supports, broker and fiscal intermediary services, evaluations, autism trainings, camp and recreation opportunities.

**Whole Me, Inc.**
10101 James Street .................................................. 468-3275
Syracuse, 13209

www.wholemeinc.com

Promotes an integrated approach to lifelong learning for deaf, hard-of-hearing, young adults, and their families. Provides a host of educational, social and community resources. Programs promote cultural diversity, literacy development, transition and life skills training, employment opportunities and socialization. After school programs for deaf/hh and hearing children. Parent advocacy, referral and resource support; sign language classes; NYRELAY,711 Telecommunication Information Training Services and Mentoring Opportunities.

**Winds of Agape, Inc.**
1414 Grant Blvd. ..................................................... 425-0547
Syracuse, 13208

www.windsfoagape.com

Assists individuals and families, those with brain injuries and other disabilities. Provides emergency food, beds, and empowerment programs, including job training, employment through the Winds of Agape Home Care Agency, community education, adult day program, respite care.

**Syracuse Model Neighborhood Facility, Inc.**
Syracuse Community Center 401 South Avenue ..................................................... 474-6823
Syracuse, 13204

www.swscsv.org

Provides a network of human services to residents of the low income neighborhood of southwest inner-city Syracuse. Through special events, outreach efforts, prevention, intervention, employment and educational services, support, peer, and mentoring groups, and collaborative programs, provide a successful way to make a difference in the lives of students who have disabilities or suspected disabilities in education, employment, health, and community life circumstances.

**AURORA of Central New York, Inc.**
318 James Street, Suite 100 ....................................... 422-9746
Syracuse, 13202

www.auroraon.org

Provides services to those who wish to live independently, and their families; day care centers; residential camping for children, families and the elderly; emergency disaster relief.

**CHAT Collective**
100 Clinton Street .................................................. 370-4090
Syracuse, 13204

www.chatcollective.com

CHAT Collective’s mission is to inspire and empower its members to engage effectively with other people and limited communicators. We developed low-cost tools to benefit those who have communications challenges brought on by disability, strokes, traumatic brain or other injuries. Fee for Service.

**Institute on Communication and Inclusion**
370 Huntington Hall, S.U. ........................................... 443-7979
Syracuse, 13244

ici.syr.edu

Facilitated communication is an alternative means of expression for people who cannot speak or whose speech is highly limited (e.g. echoic, limited to one or a few word utterances) and who cannot point reliably. The Institute
COUNSELING/MENTAL HEALTH SERVICES

HELPLEINE—
Onondaga County's 24 hour Helpline
Dial 2-1-1
Onondaga County's Help Line
www.ongov.net
A free resource that provides human services information and referrals.
AccessCNY
1603 Court Street.................................................. 410-3336
Syracuse, 13208  www.accesscny.org
Assistive Technology (AT) program offers assistance with many types of technology including augmentative communication devices, seating and positioning whatever equipment, and environmental modifications. Training and support services are available to ensure the best use of technology for greatest independence at home, in school, at work and in the community. AccessCNY is the region’s site for the statewide TRAID Project, providing AT information, referral, training, and equipment loans. As part of the TRAID program AccessCNY operates, the Money Follows the Person Program for people with disabilities who live in the least restrictive settings. TRAID Centers have been able to purchase devices for loan and demonstration including portable ramps and shower chairs. The device loan programs have also provided an opportunity for individuals of all ages and disabilities to borrow AT devices or to try them before they purchase.

Counseling/Mental Health Services

Onondaga County Public Library at The Galleries
447 S. Salina Street...........TDD 435-1872.............. 435-1900
Syracuse, 13209  www.onlib.org
Special technologies, adaptive resources; print, Braille and talking books and video for loan. Adaptive technology to assist with reading for demonstration and in library use. Includes inspirational stories, coping with disabilities, parenting, legal issues, and resource directories. The Kids Answer Place provides information for children, teens and concerned adults about tough issues that affect children. Collection includes over 1,000 titles of books and videos for children and teens.

Project Adapt at AccessCNY
1603 Court Street.................................................. 410-3336
Syracuse, 13208  www.accesscny.org
Counseling provided by rehabilitation counselors to individuals and their families. Services include but are not limited to: group therapy sessions selected for each individual; 1:1 sessions with counselors; individualized treatment planning; specialized programs including family therapy, forensic, DWI programming; Medication Supported Recovery including Suboxone Replacement Therapy.

-PROS (Personalized Recovery Oriented Services):
Limited New York State Office of Mental Health (OMH), PROS (Personalized Recovery Oriented Services) is a comprehensive recovery-oriented model of care for individuals with severe and persistent mental health conditions and/or substance abuse issues. This evidence-based approach allows treatment, rehabilitation, and support services to be fully integrated. The PROS model emphasizes restoring the skills and supports necessary for participants to live independently, and assisting in the achievement of specific life roles and goals such as furthering education or securing employment.

-Choices: Choices serves adolescents ages 13-23 with serious emotional and behavioral challenges. The program provides an outpatient substance abuse treatment clinic for individuals with co-occurring mental health disorders or other life issues. Choices follows the Seven Challenges Program, which was designed specifically for adolescents with drug problems. The focus is on motivating a decision and commitment to change. The idea is to meet individuals where they are in their life stage, work to support them, and strive for honesty and engagement.

Autism Spectrum Related Disorders Clinic at Margaret L. Williams Developmental Evaluation Center
215 Bassett Street.................................................. 442-4404
Syracuse, 13210  www.developmentalevaluationcenter.com
An Office of Mental Health (OMH) certified Outpatient Mental Health Clinic serving children, adolescents, and adults with mental health, behavioral, and family issues. Individual, family, and group therapy as well as psychiatric services provided. Specialized services include crisis pregnancy, anger management, domestic violence, integrated behavioral health services, early recognition screening, and child abuse prevention counseling. Also provides school-based and community-based mental health services.

Catholic Charities
1654 W. Onondaga Street........................................ 424-1840
Syracuse, 13204  www.cccs.org
Counseling and psychotherapy for adults, couples and families. Sliding scale. Outreach locations at East Syracuse, Manlius, and neighborhood centers. Better Beginnings group for parents with children under 3 who are at risk for developmental delays. Parenting classes for parents with children in grades pre-kindergarten to 8th grade.

Central New York Services, Inc.
333 E. Washington Street, Room 230.......................... 428-4179
Syracuse, 13202  www.acces.nyserd.gov/vr
Counseling provided by rehabilitation counselors to obtain and maintain employment.

Arc of Onondaga-Horizons Clinic
600 S. Willbur Avenue............................................. 476-7441
Syracuse, 13209  www.arise.org
Clinic provides therapeutic, clinical services to individuals with developmental disabilities, age 4 and up, to enhance their quality of life and help them achieve their fullest potential. A division of Arc of Onondaga, Horizons is a freestanding, Article 16 Clinic certified by New York State.

ARISE Child and Family Service Inc.
635 James Street.................................................. 472-3171
Syracuse, 13203  www.arise.org
An Office of Mental Health (OMH) certified Outpatient Mental Health Clinic serving children, adolescents, and adults with mental health, behavioral, and family issues. Individual, family, and group therapy as well as psychiatric services provided. Specialized services include crisis pregnancy, anger management, domestic violence, integrated behavioral health services, early recognition screening, and child abuse prevention counseling. Also provides school-based and community-based mental health services.

Autism Spectrum Related Disorders Clinic at Margaret L. Williams Developmental Evaluation Center
215 Bassett Street.................................................. 442-4404
Syracuse, 13210  www.developmentalevaluationcenter.com
An interdisciplinary team approach is used. Services focus on communication systems, sensory processing and organization, social and emotional skill building, play skills, behavioral needs, family adjustment, parenting groups, home and classroom supports.

Catholic Charities
1654 W. Onondaga Street........................................ 424-1840
Syracuse, 13204  www.cccs.org
Counseling and psychotherapy for adults, couples and families. Sliding scale. Outreach locations at East Syracuse, Manlius, and neighborhood centers. Better Beginnings group for parents with children under 3 who are at risk for developmental delays. Parenting classes for parents with children in grades pre-kindergarten to 8th grade.

Central New York Services, Inc.
333 E. Washington Street, Room 230.......................... 428-4179
Syracuse, 13202  www.acces.nyserd.gov/vr
Counseling provided by rehabilitation counselors to obtain and maintain employment.

ACCES-VR (Adult Career and Continuing Education Services Vocational Rehabilitation)
700 4th Avenue.................................................. 428-3400
Syracuse, 13203  www.acces.nyserd.gov/vr
Counseling provided by rehabilitation counselors to obtain and maintain employment.
Syracuse, 13244 www.psychweb.syr.edu/  
804 University Avenue, Room 205  
Syracuse University Psychological Services Center  
support, substance abuse and violence intervention and  
Family Support  program serves people with developmental  
Syracuse, 13204 www.swccsyr.org  
401 South Ave.,  Southwest Community Center  
Syracuse Model Neighborhood Facility, Inc.  
Syracuse, 13214 www.sjfs.org  
Provides individual and family counseling, drug and alcohol  
counseling. All ages accepted. Other sites in Syracuse and  
Lafayette.  
Syracuse Jewish Family Service  
4101 E. Genesee Street  
Syracuse, 13214  
Counseling services are offered to individuals and families of  
all ages, addressing personal and relationship issues.  
Syracuse Model Neighborhood Facility, Inc.  
401 South Ave., Southwest Community Center.............. 448-6823  
Syracuse, 13204  
Family Support program serves people with developmental  
disabilities by providing advocacy, information and support,  
as well as clothing, counseling, education, employment,  
food, legal and medical services. AIDS prevention, HIV  
support, substance abuse and violence intervention and  
prevention programs are also available.  
Syracuse University Psychological Services Center  
804 University Avenue, Room 205  
Syracuse, 13244  
Provides counseling for children, adolescents and adults from  
Onondaga county and surrounding areas.  
The Center for Living with Loss  
770 W. Venezuel Avenue, Suite 300  
Syracuse, 13209  
634-1100  
Liverpool, 13088  
The Center offers counseling and psychotherapy to  
individuals and families dealing with loss, grief, and  
overwhelming personal crisis. Sponsored by Hospice of  
Central New York.  
**EARLY CHILDHOOD**  
Birth through age two, if you feel your child is not  
progressing appropriately in the areas of physical,  
social or development; call Early Intervention -  
Onondaga County Health Department for a free evaluation  
or contact your child’s pediatrician for assistance. Children ages three  
to five, contact the Preschool Special Education Department.  
in the school district where the child legally resides, for  
access to preschool educational supports and services.  
**EARLY CHILDHOOD SERVICES**  
AccessCNY  
1603 Court Street  
Syracuse, 13208  
www.accesscny.org  
AccessCNY provides Early Intervention and inclusive  
programs for children with disabilities ages eight months to  
five. Early Intervention (EI) therapy services are available in a daycare setting for children from 18 months to three.  
Inclusive and preschool classrooms available offering special education and therapy services. Services include: occupational therapy, physical therapy,  
speech therapy, 1:1 aide support, family support and assistive  
technology. Parent training offered. EI and preschool  
evaluations provided by a team of professionals including  
a psychologist, speech-language pathologist, occupational  
and physical therapists and social workers.  
**Notes…**
Children’s Therapy Network
171 Innsbrook Lane ........................................... 437-4689
Syracuse, 13205
www.childrenstherapynetwork.com
Children’s Therapy Network (CTN) provides education and therapy services for children with disabilities in Syracuse, Utica, and the surrounding areas and strives to provide those services in the child’s natural environment. Serve children of all ages (up to age 21) with physical, occupational, speech and language therapy programs in their homes, preschools, daycare centers, parks, swim classes and other community sites, as well as in the CTN pediatric clinic.

Connections
3444 Genesee Street ........................................... 468-3414
Syracuse, 13204
www.connectionsts.com
Family-Centered Therapies Early Intervention and Preschool evaluations and therapy in the areas of speech and language, physical therapy, occupational therapy, and autism services. Provides resources, specialized teaching, and support to individuals, families, and communities. Designed to facilitate skill development in speech and language, fine and gross motor skills, and overall academic achievement. Literacy and math tutoring available. Social opportunities for prenatal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults with disabilities. Free to families and specialized to meet needs of attendees.

Head Start/Early Head Start of P.E.A.C.E., Inc.
Summer Head Start, 215 Bassett Street ........................................... 470-3346
Syracuse, 13210
Head Start is a federally funded local preschool program for children ages three and four, for low-income families. The program provides families with information on health, social services, nutrition and child development. The program also serves disabled and non-disabled in inclusive classrooms. Early Head Start actively involves and engages the involvement and participation in all aspects of the program. Early Head Start provides comprehensive child development and family support services to low income families with children under three and pregnant women.

Hear 2 Learn
5575 W. Genesee Street, Suite 1 ........................................... 701-5710
E. Syracuse, 13057
www.hear-2-learn.com
Early Intervention, preschool, school age and private pay provider. Offering comprehensive services for children with developmental delays in all areas and of all ages, with a specialization in children with hearing loss. Offer family trainings, group workshops, and professional trainings, and a full service state of the art audiology clinic featuring hearing aids, assistive devices, and FM systems. Professional services include speech/language pathology, motor therapies, special education, audiology, teacher of the hearing impaired, feeding therapy, service coordination.

Jowonio School
3049 E. Genesee Street ........................................... 445-4010
Syracuse, 13224
www.jowonio.org
A preschool for young children ages 2-5 years with a wide range of abilities. Inclusive center-based program, itinerant therapists, parent involvement, and parent and family support. Special education, physical, occupational and speech therapy; family support/social work, play therapy. Early morning and afternoon day care available for students.

Liberty Post
1045 James Street ........................................... 425-1004
St. John’s Y.M.C.A., 1201 E. Genesee Street
Serves children birth to age five in the areas of speech, OT, PT, special education, social work, service coordination. Psychology, including evaluations & specialty therapy services.

Little Lukes
5820 Heritage Landing Drive ........................................... 701-1107
E. Syracuse, 13212
www.littlelukes.com
Little Lukes provides Early Intervention, preschool and other services, inclusive preschool classrooms and inclusive childcare. Services include physical therapy, occupational therapy, speech therapy, and special education teacher services. Inclusive preschool classrooms are half-day and full day sessions, Monday through Friday. The childcare center is open from 6:30am to 6:30pm and accepts children ages 2-5 years of age. Services are offered on a full day and before and after school childcare services. Locations in Dewitt, Baldwinsville, and Oswego County.

Main Street Early Education/ North Syracuse Central School District
205 S. Main Street ........................................... 218-2220
Syracuse, 13212
www.nscsd.org/maincm
The Main Street Early Education Program, operated by the North Syracuse Central School District, provides services for 3 and 4 year old children. It provides services for young children including inclusive preschool services. Offers full and half-day programs, teacher of the visually impaired, teacher of the hearing impaired, physical therapy, occupational therapy, speech therapy, social worker, counseling, school nurse, parent groups and evaluation at the Main Street Site. Includes pre-kindergarten classes three or five days a week.

Margaret L. Williams Developmental Evaluation Center (DEC)
215 Bassett Street ........................................... 472-4404
Syracuse, 13210
www.developmentalevaluationcenter.com
The DEC primarily provides diagnostic assessment and referral services for children, birth through seven years of age, who are "at risk" for or have a developmental disability. The presenting concerns include motor and sensory difficulties, mental retardation, speech/language disorders, autism and behavioral problems. The DEC provides intervention and family support services. The DEC has a special focus on children with Autism Spectrum Disorders through diagnosis, consultation and therapy services. Referrals are accepted from parents, professionals, and agencies. The DEC staff consists of physicians, psychologists, early childhood and special education specialists, speech/language pathologists, occupational and physical therapists. An interdisciplinary approach is used with a team of professionals to help meet individual children’s needs. The DEC accepts third party payments from private health insurance, Medicaid, Early Intervention or the Committee on Preschool Special Education. Private payment may be based on a sliding fee scale.

Onondaga Central Preschool Program
Rockwell Elementary, 208 Rockwell Road ........................................... 552-5070
Syracuse, 13210
www.oncsd.org/Rockwell
Serves typical and special education students ages 3 and 4 in a language enriched integrated setting. Evaluations available.

Parkside Children’s Center/Arc of Onondaga
600 South Wilbur Avenue ........................................... 468-1632
E. Syracuse, 13202
www.arcny.org
Our inclusive, Full-Day Preschool Program serves 3-5 year-olds within Onondaga County, including children with disabilities and typical peers. Parkside operates 3 fully integrated classrooms at 2 sites within the Syracuse City School District. Through our partnership with the SCSD, we offer a Free, Full-Day UPK Program for 3 and 4-Year-Olds living within the city of Syracuse. We also provide a 6-Week Summer Preschool Program, with scholarships available for families in need of financial assistance.

PEACE, Inc. Head Start / Early Head Start
217 S. Salina Street, 2nd Fl. ........................................... 470-3300
Syracuse, 13202
www.peace-caa.org
-Head Start (HS) helps children, ages 3 to 5 years of age, achieve their full potential by providing early childhood development, health, family services and other support to participants and their families.

-Head Start EHS promotes the physical, cognitive, social, and emotional growth of infants and toddlers, and provides prenatal education and support services to pregnant women.

Both programs serve disabled and nondisabled in both an inclusive classroom settings and home-based.

SPICE/ Elmcrest Children’s Center
960 Salt Springs Road ........................................... 446-3220
www.elmcrest.org/commservices/spice
The SPICE (Special Preschool Interventions for Children’s Education) program provides services to preschoolers with disabilities in a 5-hour, full-day integrated program that runs from 8:00am to 1:00pm. Children who attend the SPICE component have needs related to delays or concerns in a variety of areas, including cognition, communication, physical and health concerns, social/emotional development, and behavior. We provide services to students who have special needs; speech therapists, occupational therapists, a physical therapist, a play therapist, a school psychologist and a social worker. In addition, a number of students receive Applied Behavior Analysis (ABA) programming under the direction and supervision of a Board Certified Behavior Analyst (BCBA). Supporting families is an important component of the program. Also offers transdisciplinary preschool evaluations.

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**Syracuse City School District/Early Childhood Program**
220 W. Kennedy Street ........................................ 435-4276
Syracuse, 13206
Website: www.syracusecityschools.com
The Early Childhood Program provides comprehensive services for children with disabilities ages 18 months to five years. There are center-based programs for toddlers as indicated on each child’s Individual Family Service Plan (IFSP). Toddlers attend three half days per week in either the AM or PM session. The Preschool Program provides integrated education in the District’s pre-kindergarten five days per week in full day or half day AM or PM sessions. Services are indicated on each child’s Individual Education Plan (IEP). Breakfast and/or lunch are available in the Toddler and pre-k Program. Transdisciplinary support teams are assigned to the Toddler and pre-k classrooms consisting of a special education teacher, speech pathologist, psychologist, occupational therapist, physical therapist, nurse and social worker. Parents are present with a variety of opportunities to develop their roles as partners in the classroom and in the educational process.

**THRIVE BY 5**
1951 Caleb Avenue ............................................. 218-7444
Syracuse, 13206
Website: www.thriveby5.com

**CENTER BASED PRESCHOOL PROGRAMS**
Specialized preschool programs can include NYS certified special education teachers, social workers, speech, OT, PT, and play therapists. More information can be found on the CNY Coalition for Young Children with Special Needs website at www.cnypreschoolcoalition.org. If you suspect your child has a delay in their development, contact the local school district in which you reside in for a referral and/or an evaluation of your child.

**Catholic Charities Neighborhood Centers**
1654 W. Onondaga Street ..................................... 424-1800
Syracuse, 13204
- Vincent House
- Hawley Youth Organization
- Northside CYO Preschool Cathedral Academy at Pompei
523 N. McBride Street, Syracuse
Exploring Your World at AccessCNY
187 Court Street .................................................. 362-2664
Syracuse, 13208
Website: www.accesscny.org
Head Start/Early Head Start of P.E.A.C.E., Inc.
Summer Head Start, 215 Bassett Street ................. 470-3346
Syracuse, 13210
Website: www.peace-cao.org

**Jowunio School**
3049 E. Genesee Street ....................................... 445-4010
Syracuse, 13224
Website: www.jowunio.org

**Little Lukes**
3820 Heritage Landing Drive ............................ 701-1107
E. Syracuse, 13057
Website: www.littlelukes.com

**Main Street Early Education/ North Syracuse Central School District**
205 S. Main Street .............................................. 218-2200
N. Syracuse, 13212
Website: www.ncsd.org/main.cfm

**Onondaga Central Preschool Program**
Rockwell Elementary, 208 Rockwell Road .......... 552-5070
Nedrow, 13120
Website: www.oecs.cnvry.org/Rockwell

**Parkside Children’s Center/Arc of Onondaga at Dr. King**
416 East Raynor Avenue ................................... 468-1632
Syracuse, 13202
Website: www.arcon.org

**Spice/ Elmcrest Children’s Center**
960 Salt Springs Road ..................................... 446-3220
Syracuse, 13224
Website: www.elmcrest.org/commserVICES/spice

**Peace, Inc. Head Start**
217 S. Salina Street, 2nd Fl ................................. 470-3300
Syracuse, 13202
Website: www.peace-cao.org

**Syracuse City School District/Early Childhood Program**
220 W. Kennedy Street ....................................... 435-4276
Syracuse, 13205
Website: www.syracusecityschools.com

**The Kelberman Center-Promise Program**
Offices in Syracuse and Utica
2608 Genesee Street ......................................... 315-797-6241
Utica, NY 13020
Website: www.kelbermancenter.org

**The Promise Program**
is a full-day special educational program for preschoolers between the ages of 3 and 5 years old.

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**CATHOLIC CHARITIES OF ONONDAGA COUNTY**

**Child Care**
There are many different types of child care programs in NYS and VA. Each program is regulated by the state Office of Children and Family Services. For a list of centers and private providers by zip code see: www.ocfs.state.ny.us/main/childcare/default.aspx

Each of the programs listed can serve children ages six weeks through twelve years and operate for more than three hours a day.

**Day Care Centers** - provide care for more than six children at a time, not in a personal residence.
**Small Day Care Centers** - provide care for up to six children, not in a personal residence.

**Family Day Care Homes** - provide care for three to six children at a time in a residence; may add one or two school-age children. The maximum allowable number of children will depend on whether there are and how many infants are in care.

**Group Day Care Centers** - provide care for seven to twelve children at a time in a residence; may add one or two school-age children. The maximum allowable number of children will depend on whether there are and how many infants are in care. A provider must use an assistant when more than six children are present.

**School-Age Child Care Programs** - provide care for more than six children from kindergarten through age twelve.

**FAMILY SUPPORT PROGRAMS**

**FAMILY SIZE CARE PROVIDERS**

**Parent-Child programs**

**Family Day Care Homes** - provide care for three to six children at a time in a residence; may add one or two school-age children. The maximum allowable number of children will depend on whether there are and how many infants are in care. A provider must use an assistant when more than six children are present.

**Child Care Solutions**
6724 Thompson Road ..................................... 446-1220
Syracuse, 13211
Website: www.childcareresultscny.org

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**CALL “911” IN AN EMERGENCY**

(911 center equipment recognizes and responds to TTY equipment)

**Catholic Charities of Onondaga County**

**NY State Hotline for mandated reporters**

**NY State Hotline for general public**

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**CNY Poison Center**

**CPPF (Comprehensive Psychiatric Emergency Program)**

**CSP (Comprehensive Psychiatric Services)**

**CSP (Comprehensive Psychiatric Services)**

**Bars and Nightclubs**

**Bars and Nightclubs**

**Bars and Nightclubs**

**Bars and Nightclubs**

**Bars and Nightclubs**

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**New York State Department of Family and Children Services**

**NY State Hotline for general public**

**NY State Hotline for mandated reporters**

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**Salvation Army**

**Salvation Army**

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**Notes...**

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**EMERGENCY SERVICES**
EMERGENCY HOUSING SHELTERS

Catholic Charities
Dorothy Day House
1654 W. Onondaga Street ........................................... 476-0617
Syracuse, 13204 www.ccoc.us
A shelter for homeless women and women with children.

Oxford Street Inn
201 Oxford Street ..................................................... 422-9137
Syracuse, 13204
Shelter and housing programs for homeless men; including mental illness and substance abuse.

Rescue Mission
120 Gifford Street ..................................................... 701-3102
Syracuse, 13202 www.rmsyr.org
Crisis counseling, case management and referrals to community services. Emergency shelter for homeless men. Meals and emergency clothing available.

Salvation Army
677 S. Salina Street ................................................... 475-1688
Syracuse, 13202 www.salvationarmy.org
Offers counseling, emergency housing care and material assistance to individuals and families, safe, affordable supervised apartments for young mothers ages 16-21 and their children; comprehensive youth services include residential care and counseling for runaway and homeless youth; shelter and transitional housing services for older troubled youth and their families.

Verus, Inc.
Crisis/Support 24 Hour Lines .................................... 468-3260
Syracuse, 13202
Crisis intervention and programs for domestic violence; sexual assault, and other crimes. Housing locations are not public addresses.

EvAULATIONS

Evaluation testing may include psychological testing, OPWDD eligibility criteria, special education services and guardianship applications. Evaluations can be done for the purpose of gaining additional information for learning purposes, environmental and technology equipment. Contact the agency’s office for additional information.

AccessNY
1603 Court Street ................................................... 455-7591
Syracuse, 13208 www.accessny.org
OPWDD disability determination psychological testing/evaluation, neurological assessment, developmental pediatrician assessment. EI and preschool evaluation. Comprehensive evaluations and care of children with disabilities such as cerebral palsy, autism spectrum disorders, and other developmental disabilities. Supplemental evaluations.

Center for Development, Behavior and Genetics at SUNY Upstate Medical University
725 Irving Ave., Suite 112 ........................................... 464-4842
Syracuse, 13210 www.upstate.eduECH
Evaluations for children. Age limits vary depending on the type of evaluation. OPWDD disability determination, psychological testing and evaluations.

Central New York Developmental Disabilities Regional Office (CNYDDRO)
187 Northern Concourse .......................................... 473-0500
Syracuse, 13212 www.cnynyr.org/C NYDDRO is an agency of the New York State Office for People with Developmental Disabilities (OPWDD). Evaluations for OPWDD eligibility. Provides residential, habilitative, vocational, and support services, service coordination, home modification, counseling, recreation, respite, advocacy, life planning, clinical services, and referrals to community agencies for people with developmental disabilities and their families. Serving Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida, Onondaga and Oswego Counties.

Children’s Therapy Network
171 Intrepid Lane ..................................................... 437-4689
Syracuse, 13205 www.childrenstherapy-network.com
Evaluations and therapy (up to age 21) in the areas of speech and language, occupational therapy, physical therapy and special education. Early Intervention and preschool evaluation.

Children’s Village/OCM BOCES
303 Roby Avenue ..................................................... 434-3830
E. Syracuse, 13057 www.occmboces.org/teacherpage
Transdisciplinary preschool evaluation.

Connections
1744 W. Genesee Street ....................................... 468-3414
Syracuse, 13204 www.connectionstx.com
Early Intervention and preschool evaluations and therapy in the areas of speech and language, occupational therapy, physical therapy and special education.

Gebbie Speech, Language, and Hearing Clinic
621 Skytop Road #1200 ............................................. 443-4485
Syracuse, 13210
Training facility affiliated with the Department of Communication Sciences & Disorders at Syracuse University. Evaluation services in the areas of audiology, speech and language. Preschool evaluation. Early Intervention audiological evaluation.

Hear 2 Learn
6575 Kirkville Road, Suite 1 ..................................... 701-5710
E. Syracuse, 13057 www.hear-2-learn.com
Comprehensive evaluation for children with developmental delays in all areas and of all ages with a specialization in children with hearing loss. EI and preschool evaluations.

Horizons Clinic/Arc of Onondaga
600 S. Wilbur Avenue ............................................. 476-7441
Syracuse, 13204 www.arcen.org/services/horizons-clinic
OPWDD disability determination psychological testing/evaluation for all ages.

Jowiono School
3049 E. Genesee Street ............................................. 445-4010
Syracuse, 13224 www.jowiono.org
Transdisciplinary preschool evaluation. Early Intervention evaluation.

Liberty Post
1045 James Street .................................................. 425-1004
Syracuse, 13203 www.liberty-post.com
Transdisciplinary evaluation birth to age five years of age.

Little Lukes
5820 Heritage Landing Drive .................................. 701-1107
E. Syracuse, 13057 www.littlelukes.com
Early Intervention and preschool evaluations and therapy in the areas of speech and language, occupational therapy, physical therapy and special education.

Madison Irving Pediatrics, P.C.
475 Irving Ave., Suite 210 ....................................... 471-2646
Syracuse, 13210 www.mipeds.net

Main Street Early Education/ North Syracuse Central School District
205 S. Main Street .................................................... 218-2200
N. Syracuse, 13212 www.ncsd.org/main.cfm
Transdisciplinary preschool evaluation.

Margaret L. Williams Developmental Evaluation Center
215 Bassett Street .................................................... 472-4404
Syracuse, 13210 www.developmentalevaluationcenter.com
(ODE) provides interdisciplinary developmental evaluations (occupational therapy, physical therapy, speech and language, psychology, pediatric, and psychiatry), through Early Intervention, preschool (CPE), school aged (CSE) and private pay for children birth to kindergarten age (except where there are concerns for autism, then 6 years 9 months). Provides some community outreach services.

Onondaga Central Preschool Program
Rockwell Elementary, 208 Rockwell Road ............. 552-5070
Nedrow, 13120 www.oecs.cnryc.org/Rockwell
Transdisciplinary preschool evaluation.

Parkside Children’s Center/Arc of Onondaga
600 S. Wilbur Avenue .............................................. 468-1632
Syracuse, 13204 www.arcen.org
Transdisciplinary preschool evaluation. Early Intervention evaluation.

SPICE/ Elmcrest Children’s Center
960 Salt Springs Road ............................................. 446-3220
Syr. 13224 www.elmcrest.org/commerservices/spice.php
Transdisciplinary preschool evaluation.

Syracuse City School District/Early Childhood Program
220 W. Kennedy Street ............................................ 435-4276
Syracuse, 13205 www.pepsicscboys.com
Transdisciplinary preschool and EI evaluations.

Syracuse Jewish Family Service, Inc.
4101 E. Genesee Street ........................................... 445-9111
Syracuse, 13214 www.sjfs.org
Consultation, comprehensive assessments and care management for older adults and individuals with special needs. We provide services to those who wish to live independently in the community and individuals seeking housing that may require supportive services. Counseling, financial case management and Kosher Meals on Wheels.

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The following programs are designed to provide assistance to those in need. Programs may have individualized eligibility requirements to obtain goods and services.

**American Red Cross - Care and Share Program**
220 Herald Place .............................................. 234-2200
Syracuse, 13202
www.redcross.org
Donations from National Grid customers and employees provide one time per year (12 months) emergency assistance to prevent power and/or heat shut off to National Grid customers, including payments for other heat sources such as oil, gas, kerosene, and wood. Applicants must have a shut-off notice, a household member 60 years or older; or be receiving disability income. Must have applied for regular and emergency H.E.A.P. (Home Energy Assistance Program) even if they are found ineligible.

**Central New York Friends**
Northeast’s Concours ........................................ 473-5056
N. Syracuse, 13212
www.cnfriend.org
This volunteer organization helps provide educational, recreational, and social experiences for people with developmental disabilities. It can also make small grants to help fill in the financial gaps where government funding falls short.

**Emergency Assistance for Adults (EAA)**
Onondaga County Dept. Social Services
421 Montgomery Street, Civic Center .................. 435-2815
Syracuse, 13202
www.ongov.net/ssa/ea.html
Meets emergency needs of aged, blind or disabled individuals and couples who are eligible for or are receiving Federal Supplemental Security Income benefits (SSI). Covers lost or stolen cash or SSI checks, evictions, utility shut-offs, and food vouchers.

**Facilitated Enrollment Program**
Onondaga County Health Department
421 Montgomery Street, Civic Center .................. 435-6808
Syracuse, 13202
www.ongov.net/health
The Facilitated Enrollment Program offers families in Onondaga County the opportunity to enroll in the Public Health Insurance program that will meet their medical and dental needs. Facilitated Enrollment offers an easy way for families to apply for Family Health Plus, Medicaid and Child Health Plus. Facilitated enrollees will meet with families at convenient times and locations to complete an application and gather the necessary documents to determine their eligibility for health insurance. Enrollees are community-based at three locations within the city and county.

**Home Energy Assistance Program (HEAP)**
Department of Social Services
600 S. State Street, County Office Building .......... 435-8296
Syr., 13202
www.otda.ny.gov/main/programs HEAP
Provides financial assistance to eligible households to help meet rising costs of heating one’s home. Eligibility is based on income and housing situation.

**Home HeadQuarters, Inc.**
538 Erie Boulevard West Suite 100 ..................... 474-1939
Syracuse, 13204
Call for information about any available Onondaga County and/or Syracuse programs aiding in home ownership and financial assistance for home and energy improvements. Offers down payment and closing cost assistance and low interest home improvement loans to Syracuse and Onondaga County residents. Call about eligibility requirements. Also offers homeownership counseling, foreclosure prevention, and a certified Home-buyer’s Education Course.

**Miracle-Ear**
Orlando Children’s Foundation ............................ (800) 234-5422
Locations on website ........................................ www.miracle-ear.com
Offers free hearing aids to children 16 and younger for families who gross between $20,000-$50,000 per year and do not qualify for public support. The child must also be a current resident in the United States. Call the toll free number for details about the application process and requirements.

**Peace, Inc.**
Administration Office
217 S. Salina Street, 2nd Fl ................................. 470-3300
Syracuse, 13202
www.peace-inc.org
Serves low income families, offering many programs for families & individuals of all ages. For youth, such as Big Brothers/Big Sisters, Head Start and Early Head Start, community and Family Resource Centers; for seniors, such as Meals on Wheels and Family Resource Centers, energy and housing (weatherization), information & assistance, foster grandparent program and senior nutrition; and family services such as energy and housing (weatherization), income tax preparation and community and Family Resource Centers. Family Resource Centers throughout the city and county provide emergency assistance, crisis interventions, and supportive services, advocacy, education, and family development.

**Salvation Army**
677 S. Salina Street ........................................ 475-1688
Syracuse, 13202
www.sassy.org
24-hour crisis hot lines, emergency intervention and long term support, intake and assessment processes facilitating services such as housing, basic needs, healthcare, mental health assistance and substance abuse treatment, educational, social and recreational activities.

**Social Security Programs**
Social Security Administration ........................ (800) 772-1212
100 S. Clinton Street, Federal Building,TTY (800) 325-0078
Syracuse, 13261
www.ssa.gov
Social Security provides Retirement, Disability and Survivor benefits to workers who are insured under the system. Benefits may be paid to the worker and/or certain family members when earnings are lost or reduced due to the worker’s retirement, disability or death. Supplemental Security Income provides cash assistance to persons in financial need who are blind and/or disabled of any age, or people over 65.

**TRAID Program at AccessCNY**
1603 Court Street .......................... TDD 455-1794
Syracuse, 13208
www.accesscny.org
Assists women including homeless, low-income, and families who are facing an emergency situation.

**Winds of Agape, Inc**
1414 Grant Blvd ................................................ 425-0547
Syracuse, 13208
www.windsfoagape.com
Assists individuals and families, those with brain injuries and other disabilities facing a crisis through the provision of emergency food, beds, and empowerment programs, including job training, employment through the Winds of Agape home care agency, community education, adult day program, respite care.
Financial Services

Rep Payee Agencies

This service is to ensure funds including SSI/SSDI and wages earned are used for paying bills and assisting people with their personal spending money. All services follow the regulations of the Social Security Administration.

Arc of Onondaga
600 S. Wilbur Avenue, Syracuse, 13204 476-7441 www.arcyn.org

Central New York Services, Inc.
518 James Street, Suite 240, Syracuse, NY 13203 478-2453 www.cnyservices.org

Epilepsy-Pradl Inc. (EPI)
1065 James Street, Suite 220, Syracuse, 13203 477-9777 www.epilepsy-ny.gov

Exceptional Family Resources (EFR)
1820 Lemoyny Avenue, Syracuse, 13208 www.contactefr.org

Learning Disabilities Association of CNY (LDA)
212 E. Manlius Street, E. Syracuse, 13057 www.ldacnyv.org

The Kelberman Center
Offices in Syracuse and Utica 315-797-6241 www.kelbermancenter.org

Food Assistance

Food Bank of CNY
7066 Interstate Island Road, Syracuse, 13209 437-1899 www.foodbankcny.org

Nutrition, education and advocacy are built into all programs, following the Food Bank’s mandate to educate the community about solutions to the issue of hunger. The Food Bank of Central New York works with local, statewide and national anti-hunger organizations to support legislation addressing food and other critical needs of low-income people.

Food Sense
76 Canton Street, Baldwinsville 638-4536
226 Bridge Street, Phoenix 695-4841
1700 Butternut Street, Syracuse 479-7971
667 S. Salina, Syracuse 479-1307
10 Onondaga Street, Tully 696-5092

Participants receive a food package for $15.50 worth $25 to $35 if purchased in a grocery store. Packages include meat, fresh produce, dairy and other food items. Participants register and pay in advance and pick up their package later in the month. Participants can buy as many packages as they like. No income requirement, cash or food stamps only. Anyone can participate.

Interreligious Food Consortium
474-8855
Will provide information about the nearest pantry site. Also has a list of meal sites and perishable giveaways.

Central New York Developmental Disabilities Regional Office (CNYDDRO)
187 Northern Concord 473-5050
N. Syracuse, 13212 www.opwdd.ny.gov

Epilepsy-Pradl Inc. (EPI)
1065 James Street, Suite 220, Syracuse, 13203 www.epilepsy-ny.gov

Exceptional Family Resources (EFR)
1820 Lemoyny Avenue, Syracuse, 13208 www.contactefr.org

Food Assistance

Food Bank of CNY
7066 Interstate Island Road, Syracuse, 13209 437-1899 www.foodbankcny.org

Nutrition, education and advocacy are built into all programs, following the Food Bank’s mandate to educate the community about solutions to the issue of hunger. The Food Bank of Central New York works with local, statewide and national anti-hunger organizations to support legislation addressing food and other critical needs of low-income people.

Food Sense
76 Canton Street, Baldwinsville 638-4536
226 Bridge Street, Phoenix 695-4841
1700 Butternut Street, Syracuse 479-7971
667 S. Salina, Syracuse 479-1307
10 Onondaga Street, Tully 696-5092

Participants receive a food package for $15.50 worth $25 to $35 if purchased in a grocery store. Packages include meat, fresh produce, dairy and other food items. Participants register and pay in advance and pick up their package later in the month. Participants can buy as many packages as they like. No income requirement, cash or food stamps only. Anyone can participate.

Interreligious Food Consortium
474-8855
Will provide information about the nearest pantry site. Also has a list of meal sites and perishable giveaways.

Central New York Developmental Disabilities Regional Office (CNYDDRO)
187 Northern Concord 473-5050
N. Syracuse, 13212 www.opwdd.ny.gov

Epilepsy-Pradl Inc. (EPI)
1065 James Street, Suite 220, Syracuse, 13203 www.epilepsy-ny.gov

Exceptional Family Resources (EFR)
1820 Lemoyny Avenue, Syracuse, 13208 www.contactefr.org

Learning Disabilities Association of CNY (LDA)
212 E. Manlius Street, E. Syracuse, 13057 www.ldacnyv.org

The Kelberman Center
Offices in Syracuse and Utica 315-797-6241 www.kelbermancenter.org

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7066 Interstate Island Road, Syracuse, 13209 437-1899 www.foodbankcny.org

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Community Options New York, Inc.  
216 W. Manlius Street ........................................... 431-9858  
E. Syracuse, 13057 www.communityoptionsny.org  

Syracuse's Court  
401 Montgomery Street ............................................ 671-2100  
Syracuse, 13202 www.nycourts.gov/courts/5J/onondaga/syracuse  

In NYS, parents may petition for guardianship of their child with a developmental disability. When a child turns 18 years old, the parent is no longer the legal guardian unless they formally petition through Surrogate Court.

INFORMATION & REFERRAL  
CALL 211  
Onondaga County’s 24 hour Helpline www.211cny.org  
Onondaga County’s Helpline is a free resource that provides human services information and referrals 24 hours a day, 7 days a week.

ACCESS Team  
421 Montgomery St. 15th Floor (24 hour hotline) 463-1100  
Syracuse, 13202 www.ongov.net  
You should call ACCESS if: you have concerns about your child’s/ youth’s (ages 2-21) emotional or behavioral health, if your child or youth currently has a service plan that is not working for him/ her or your family; if your child is involved in more than one system (for example, Mental Health and Juvenile Justice) and you want those systems to work together for him/ her or your family; if your child is involved in more than one system (for example, Mental Health and Juvenile Justice) and you want those systems to work together for him/ her or your family.

ACCESSNY  
1603 Court Street ................................................... 410-3340  
Syracuse, 13208 www.accesscny.org  
Provides information, referral and an array of services to children and adults with physical or developmental disabilities or health-related issues.

ARISE Child and Family Service, Inc.  
635 James Street .................................................. 472-3171  
Syracuse, 13203 www.ariseinc.org  
An Independent Living Center providing advocacy and services to individuals of all ages with all types of disabilities, their families, and the community. Advocacy services include health care, housing, benefits, and education. Other programs include Community Habilitation, consumer-directed personal assistance, employment services, independent living skills training, information and referral, mental health services, peer counseling, Medicaid service coordination, consolidated support services, and inclusive recreation programs.

AURORA of Central New York, Inc  
Syraucse, 13203 www.auroraocny.org  
Offers a wide range of services to individuals who are blind, visually impaired, deaf or hard of hearing in Onondaga and contiguous counties, and their families. Services include: blindness living skills; safety travel training; instruction in adaptive technology for people with vision loss; information and referral; social work; outreach; community groups; Pre-College and work readiness training programs, vision/hearing screening and Sign Language Interpreting through the Marjorie Cleft Interpreter Referral Services.

Burton Blatt Institute (BBI) at Syracuse University  
805 S. Crouse Avenue ............................................ 443-2863  
Syracuse, 13244 www.bbi.syr.edu/web  
The Burton Blatt Institute of Immunology and Disability (BBI) at Syracuse University was established to advance the civic, economic, and social participation of people with disabilities in a global society by creating a collaborative environment with entrepreneurial innovation and best business practices to foster public-private dialogue, and create the capacity to transform policy, systems, and people through inclusive education, the workforce, and communities.

Center on Human Policy at Syracuse University  
805 S. Crouse Avenue ............................................ 443-3851  
Syracuse, 13244 www.thechp.syr.edu  
The Center on Human Policy (CHP) is a Syracuse University-based policy, research, and advocacy organization involved in the national movement to insure the rights of people with disabilities. Since its founding, the CHP has been involved in the study and promotion of open settings (inclusive communities) for people with disabilities.

Central New York Developmental Disabilities Regional Office (CNYDDRO)  
187 Northern Concourse ........................................... 473-5050  
N. Syracuse, 13211 www.cnyddro.org  
CNYDDRO is an agency of the New York State Office for People With Developmental Disabilities (OPWDD). Central New York DDRO works in partnership with families, voluntary agencies, and local governments to design, develop, and deliver programs and services that meet the needs of each individual and his or her family. Provides residential, habilitative, vocational, and support services; service coordination, home modification, counseling, recreation, respite, advocacy, life planning, clinical services, and referrals to community agencies for people with physical, mental, developmental disabilities and their families. Serving Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida, Onondaga and Oswego Counties.

Commission for the Blind and Visually Handicapped  
The Atrium, 100 S. Salina St., Suite 105 423-5417  
Syracuse, 13202 www.cfs.state.ny.us/main/cbhv  
Through the NYS Office of Children and Family Services, Provides rehabilitation services to individuals who are legally blind and reside in New York State. CBHV's services include: training for employment; business enterprise program; programs for older adults; programs for children. Services are coordinated by counselors and children's consultants. Syracuse Office has responsibility for 14 counties in Central NY including, Cayuga, Cortland, Madison, and Oswego.

Contact Community Services, Inc.  
6311 Court Street Road ........................................... 251-1400  
East Syracuse, 13057 www.contactsyracuse.org  
Operated by the staff at Contact Community Services, Inc., 211CNY solves the problem of locating basic resources by enabling residents to call 2-1-1 or visit the website to get information on basic needs, consumer services, health and medical support, housing, crime victim services, legal and advocacy services and much more. If you or a loved ones has a developmental disability, you can get important information about development disability services by calling 2-1-1 or visiting www.211cnydisability.com.

Early Childhood Direction Center (ECDC) (Mid-State Region)  
370 Huntington Hall .................................................. 443-4444  
Syracuse University, 13244 www.ecdc.syr.edu  
Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special needs. ECDC provides information, referral and support to families and professionals.

Exceptional Family Resources  
1820 Lemeny Avenue ............................................. 478-1464 Ext. 337  
Syracuse, 13208 www.contactefr.com  
Information and referrals are provided to families, professionals and to the general public, including linkage to services and programs for persons with disabilities.

Gigi's Playhouse  
50 E. Circle Drive, Suite 250 ..................................... 289-7528  
Cicero, 13039 www.gigisplayhouse.org/syracuse  
An educational and awareness center created to serve individuals with Down syndrome from birth to adulthood. Provides resources, specialized teaching, and support to individuals, families, and communities. Designed to facilitate skill development in speech and language, fine and gross motor skills, and overall academic achievement, literacy and math tutoring available. Social opportunities for prenatal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults over 18. Free to families and specialized to meet needs of attendees.

Huntington Family Center  
Gifford Street .................................................... 476-3157  
Syracuse, 13202 www.huntingtonfamilycenter.org  
Information and outreach, offers parent education, adolescent treatment programs Family support services, Medicaid service coordination, senior care management services.

Learning Disabilities Association of CNY (LDA)  
212 E. Manlius Street ............................................ 870-9464  
Syracuse, 13205 www.ldaofcny.org  
Provides general information on learning disabilities and related disorders. Referrals, advocacy, family support services and parent training for families. Employment services, recreation program and community habilitation.

Onondaga County Department Office for Aging  
421 Montgomery St, 10th Floor, Civic Center .......... 435-2362  
Syracuse, 13202 www.ongov.net/ageing  
Provides information and referrals for senior citizen care givers and families.

Onondaga County NY Connects  
421 Montgomery St, 5th Floor, Civic Center .......... 315-435-1400  
Syracuse, 13202 www.ongov.net/NYConnects  
Offers information and assistance, and provides access to appropriate and cost effective long-term care for all residents of Onondaga County.

PEACE, Inc. Administration Office  
217 S. Salina Street, 2nd Fl ..................................... 470-3300  
Syracuse, 13202 www.peace-caa.org  
Serves low income families, offering many programs for families & individuals of all ages. For youth, such as Big Brothers Big Sisters, Head Start and Early Head Start, community and Family Resource Centers; for seniors, such as community and Family Resource Centers, energy and housing (weatherization), information & assistance, foster grandparent program and senior nutrition; and family services such as energy and housing (weatherization), income tax preparation and community and Family Resource Centers. Family Resource Centers throughout the city and counties provide emergency assistance, Head Start and EHS, community and Family Resource Centers; for seniors, such as community and Family Resource Centers, energy and housing (weatherization), information & assistance, foster grandparent program and senior nutrition; and family services such as energy and housing (weatherization), income tax preparation and community and Family Resource Centers.

Self-Advocacy Association of NYS (SANYS)  
1005 W. Fayette Street, Suite 1A 473-6927  
Syracuse, 13204 www.sanys.org  
The Self-Advocacy Association of New York State is an organization led by people with the challenge of a developmental disability to assure the civil rights and responsibilities that include the opportunities and choices of equal citizenship.
Spanish Alliance League of Onon, Co., Inc. 708 West Ogwe road. Syracuus, 13204 475-6151 www.splainalliance.org Bilingual information and assistance directed mainly toward the Latino population, but all clients are assisted regardless of their ethnic background.

Starbridge 1650 South Avenue, Suite 200 345-2555 Rochester, NY 14620 www.starbridgeinc.org

Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester. Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy trainings and workshops for families and professionals.

Syracuse Model Neighborhood Facility, Inc. 401 South Avenue 474-6823 Syracuus, 13204 www.swncc.org

Eligibility-city residents; located at Southwest Community Center; youth and young adults with developmental disabilities can take part in social, recreational, personal development activities, after school and day-long summer sessions. An independent living skills program for adults 21 and up. Family Support program: provides advocacy, information and support, as well as clothing, counseling, education, employment, food, legal and medical services. AIDS prevention, HIV support, substance abuse and violence intervention/prevention programs are also available.

Syracuse University Parent Advocacy Center (SUPAC) 742 Huntington Hall ................. 443-4366 Syracuse, 13244 www.supac.org

SUPAC is the Mid-State Region Special Education Parent Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children’s education; assist in understanding their children’s disabilities; promote early resolution of disputes between parents and school districts; promote the use of resolution sessions and special education mediation; assist in understanding their procedural due process rights; and enhance parents’ skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children’s education. SUPAC covers the following BOCES regions: Herkimer-Fulton-Hamilton-Onondaga County; Madison-Oneda; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; Tompkins-Benica-Tioga; Cayuga-Onondaga and Syracuse City.

Whole Me, Inc. 1010 James Street, Syracuus, 13209 668-3275 www.wholemeinc.com

Promotes an integrated approach to lifelong learning for deaf, hard-of-hearing, young adults, and their families. Provides access to educational, social and community programs and resources and a vigorous community development effort. Family Support program: provides advocacy, information and support, as well as clothing, counseling, education, employment, food, legal and medical services. Alert Program, HIV/STD prevention, substance abuse and violence intervention/prevention programs are also available.

INSURANCE

MEDICAID

The Facilitated Enrollment Program offers families in Onondaga County the opportunity to enroll in the public health insurance program that will meet their medical and dental needs. Facilitated Enrollment offers an easy way for families to apply for Family Health Plus, Medicaid and Child Health Plus. Facilitated enrollees will meet with families at convenient times and locations to complete an application and gather the necessary documents to determine their eligibility for health insurance. 435-6808


MEDICARE

Are you turning 65 soon? Let me help you with choosing a Medicare plan that’s right for you. I am authorized to offer Medicare Supplement Plans, Medicare Advantage Plans, and Part D Prescription Drug plans. I am appointed with several different insurance carriers and there is NO FEE for my service. Call to set up an appointment to discuss your Medicare insurance needs.

Medicare Made Simple ...................................... 676-4933 www.mymedicaremade simplesimple.com Provides the service of helping retirees understand the Medicare system and their options, through seminars or one-on-one meetings. Enrollment services and coverage provided to those who qualify for a disability and veterans who need additional coverage for gaps the V.A. doesn’t offer.

LEGAL & ADVOCACY

AccessCNY 1603 Court Street .................................. 455-7591 Syracuse, 13208 www.accesscny.org AccessCNY is active in informing the community on issues related to people with disabilities. The agency has an Advocacy committee composed of self-advocates, staff and community members. AccessCNY provides information on issues such as the American’s with Disabilities Act and hosts forums on disability related issues with other area providers.

ARISE Child and Family Service, Inc. 697 James Street ..................................... 472-3171 Syracuse, 13203 www.arisecny.org Offers individual and systems advocacy on issues concerning the rights of people with disabilities, facilitates legal appeals for public benefits. Provides information and education on ADA (Americans with Disabilities Act) issues, IDEA (Individuals with Disabilities Education Act) and other laws relating to disabilities. Provides information on health care options and assists with locating affordable and accessible housing for individuals with disabilities.

Center on Human Policy at Syracuse University (CHP) 302 Huntington Hall ................................. 443-3851 Syracuse, 13244 www.chp.syr.edu The CHP is a policy, research and advocacy organization involved in the national movement to ensure the rights of people with disabilities. Interests include education, community living, transportation, jobs, medical care, and rehabilitation. Offers info on laws, regulations, policies and on how to obtain quality community services. Free.
**Disability Rights New York Inc. (DRNY)**
The Albany Public Defender Corporation (APDC) 471-4767
159 W. Fair Street, Suite 301 471-4767
Syracuse, 13204
New Justice Services provide a center for the peaceful and constructive resolution of conflicts through direct intervention services (conciliation, mediation, and/or arbitration) and prevene credit and training services). Mediation is a voluntary and confidential service that is an alternative to court. Special Education mediation services are available to help resolve conflicts involving a child with a disability. The conflict can relate to the identification, evaluation, educational placement or the provision of a free, appropriate public education for the child. There is no cost to parents or the school district. Special education mediation does not delay or deny a parent’s right to an impartial hearing. Parents interested in special education mediation should contact the school directly to request the services. Offices in Onondaga, Cortland, Madison and Oswego Counties.

**Syracuse University Law School**
PO. Box 6543 ... 443-4882
Syracuse, 13217
-Children’s Law Clinic offers free legal services. Law students, supervised by a practicing attorney, represent children and families in cases dealing with education rights; school disciplinary and suspension hearings; special education; custody/guardianship; emancipation; and other issues. Free if eligible.

-Disability Rights Clinic (DRC) offers free legal services where law students, supervised by a practicing attorney, represent people with disabilities in employment, access to government services and public accommodations, education, and other issues. The DRC engages in all forms of advocacy: educational, lobbying, litigation and other strategies designed to advance the civil and human rights of people with disabilities. Free.

-Elder Law Clinic offers free legal services to persons 65 or older. Law students, supervised by a practicing attorney, represent elderly clients in cases involving Medicaid; Medicare; social security, housing, consumer and selected other issues. Free if eligible.

**NYS Commission on Quality of Care and Advocacy for Persons with Disabilities (CQCAPD)**
401 State Street ................................. (800) 624-4143
Schenectady, 12305
www.cqcapd.state.ny.us
The CQCAPD is an independent NYS government agency charged with improving the quality of life for New Yorkers with disabilities and protecting their rights by: promoting the inclusion of people with disabilities; insuring programmatic and fiscal accountability; providing individual and systemic investigative and advocacy services; advancing the availability and use of assistive technology, offering impartial and advice, training and recommendations on disability issues.

**NYS Division of人权s**
333 E. Washington Street, Room 443 ........................ 428-4633
Syracuse, 13202
www.dhr.state.ny.us
Has the legal authority to enforce Human Rights Law of NYS. Investigates complaints of discrimination based on age, race, creed, sex, national origin, disability, marital status, record of arrest or conviction. Part of a statewide network of coverage, the Syracuse office serves Onondaga and all adjacent counties.

**Onondaga County Lawyer Referral** ................................. 471-2690
Onondaga County Lawyer Referral
421 Montgomery Street, Civic Center ................................. 435-3567
Syracuse, 13202
www.onogov.net/Human_Rights
Advocates to ensure the rights of all county residents. Receives and investigates complaints of discrimination in employment, housing, criminal justice, public accommodations and other areas because of race, color, national origin, sex, marital status, sexual orientation and disability, which are in violation of the NYS Human Rights Law. Provides “diversity in the workplace” training. Monitors city and county vendor contracts.

**Person to Person: Citizen Advocacy**
625 James St ................................. 472-9190
Syracuse, 13202
www.ppcadvocacy.org
A advocacy group serving persons with developmental disabilities. We find people who will share a visit with someone with similar interests for community outings.

**AccessCNY**
1603 Court Street .............................................. 410-3332
Syracuse, 13203
AccessCNY offers home care through it’s Self-Directed Personal Services program. AccessCNY acts as the employer for payroll, insurance and benefits for personal assistants.

**ARISE Child and Family Service, Inc.**
635 James Street .............................................. 671-2990
Syracuse, 13203
www.ariseinc.org
ARISE’s Consumer-Directed Personal Assistance Program (CDPAP) gives eligible individuals who are receiving Medicaid-funded home care services the opportunity to hire, train, supervise, and terminate, if needed, their own Personal Care Assistant.

**Maxim HealthCare Services**
224 Harrison Street, Suite 680 ................................. 476-0600
Syracuse, 13202
www.maximhealthcare.com
Maxim HealthCare Services is committed to enhancing the quality of life for people with disabilities and cognitive disorders through developmental and behavioral disability services, socialization support and more. Service recipients are involved in activities that promote stability, growth and focus on individual development. Through in-home assistance or community-based living assistance, our goal is to encourage the successful integration of our service recipients into their community.

**Medical Solutions Inc.**
690 South Warren Street ............................................. 481-4757
Syracuse, 13202
www.medsolutionsny.com
The following information about the Consumer Directed Personal Assistance Program (CDPAP) can be found on the NYS Department of Health website: www.health.state.ny.us/healthcare/Medicaid/program/longterm/medicaid.html. This Medicaid program provides services to chronically ill or physically disabled adults, individuals who have a medical need for help with activities of daily living or skilled nursing services. Services can include any of the services provided by a Day Health or Personal Health Service (PHS) home health aide or personal assistant. Recipients have flexibility and freedom in choosing their caregivers. The consumer or the person acting on the consumer’s behalf, such as the parent of a disabled or chronically ill child, assumes full responsibility for hiring, training, supervising, and if need be – terminating the employment of persons providing the services.

**Notes…**
HOME HEALTH CARE
Home health care refers to services that make it possible for people to remain at home rather than use residential, long-term or institutional-based nursing care. These services may include some combination of professional health care services and life assistance services. Services and ages vary served. The following agencies accept Medicaid.

AccessCNY-Home Service Program
6666 Mainstreet Center Road .................................. 218-0844
East Syracuse, 13057 www.accesscny.org

Due to a variety of circumstances, individuals with disabilities may sometimes “fall through the cracks” of traditional funding streams and services. This may be especially true of those with adult-onset disabilities such as arthritis, multiple sclerosis, or ALS. The goal of the Home Service Program is to provide services to these individuals directly in their home communities and help them to lead active and productive lives. The Home Service program is a joint venture between the Cerebral Palsy Association of New York State and the New York State Elks Association. Home Services help individuals with disabilities find local care services to meet their specific needs. The program also provides advocacy, counseling, and follow-up to ensure the needs and rights of the participants are being upheld.

At Home Independent Living, Inc.
4464 Milton Avenue ........................................... 579-4663
Camillus, 13031 www.athomeindependentliving.com

At Home Independent Living offers services to the elderly on disabled person who is having trouble coping with independent living because of chronic disability, Alzheimer’s disease or increasing frailty. Through a combination of compassionate caregivers and supportive technologies, individualized care plans are developed through our consultative approach to increasing frailty. Through a combination of compassionate caregivers and supportive technologies, individualized care plans are developed through our consultative approach to increasing frailty. Through a combination of compassionate caregivers and supportive technologies, individualized care plans are developed through our consultative approach to increasing frailty. Through a combination of compassionate caregivers and supportive technologies, individualized care plans are developed through our consultative approach to increasing frailty. Through a combination of compassionate caregivers and supportive technologies, individualized care plans are developed through our consultative approach to increasing frailty.

CCH Homecare and Palliative Services, Inc.
990 Seventh North Street ..................................... 641-2385
Liverpool, 13088 www.cchhomecare.com

Services include skilled nursing, case management, diabetes education, home health aids, home infusion therapy, nutrition counseling, occupational therapy, palliative care, personal care, physical therapy, skilled nursing, speech therapy, telephone care monitoring and wound care. Accepts Medicare, Medicaid and private insurance.

CHV Health Services, Inc.
200 Elwood Davis Road ..................................... 461-0209
Liverpool, 13088 www.chv.org

Services include skilled nursing, cardiac care, hospice services, infusion therapy, anti-rehabilitation, medication management, pain management, occupational therapy, physical therapy, speech therapy and wound care for individuals age 65 and older. Accepts Medicare Part A and private insurance.

Home Aides of Central New York, Inc.
723 James Street ............................................. 476-4295
Syracuse, 13203 www.homeaidscny.org

Services include skilled nursing, home health aide, homemaker and companion care. Caregiver respite available for individuals age 60 and older or anyone over age 60 who is caring for a chronically ill or disabled younger person. Accepts Medicare, Medicaid, private insurance and long-term care insurance.

Onondaga County Long-Term Care HV Connects LTC Resource Center
421 Montgomery Street 10th Floor .......................... 435-2362
Syracuse, 13202 www.ongov.net

Assesses the level of services needed to meet long term care/home care needs. Provides information, assistance and screening services and assessment and/or enrollment services for several Medicaid programs.

PACE CNY (Program of All-Inclusive Care for the Elderly)
-Sally Coyne Center
100 Malta Lane ............................................. 452-5800
N. Syracuse, 13212 www.paceny.org

-Sarah McNeill Center
115 Creek Circle ............................................. 452-5800
E Syracuse, 13057

Services include home care, medication management, physical therapy, speech therapy and day care for individuals age 55 and older.

Self-Direct, Inc.
12 Oswego Street .......................................... 635-5374
Baldwinsville, 13027 www.selfdirectinc.com

Personal care aides for individuals with traumatic brain injury.

St. Camillus Home Care
813 Fay Road .............................................. 488-2831
Syracuse, 13219 www.st-camillus.org

Services include personal nursing, personal care and rehabilitation.

St. Joseph’s Home Care Agency
2346 Janus Park Drive ...................................... 458-2800
Liverpool, 13088 www.lhhomecare.com

Services include skilled nursing, occupational therapy, physical therapy, nutritional therapy, speech therapy and respiratory therapy.

Visiting Nurse Association of Central New York, Inc.
1050 W. Genesee Street .................................... 476-3101
Syracuse, 13204 www.vnika.org

Services include skilled nursing, case management, occupational therapy, physical therapy, cardiac care, nutrition counseling, speech therapy, psychiatric nursing and wound care for children and adults. Accepts Medicare, Medicaid and private insurance.

RECREATION & LEISURE

Ability-Fitness
P.O. Box 2125 .................................................. 506-2463
Syracuse, 13220 www.ability-fitness.com

To provide services to individuals with disabilities access to a non-fee based fitness center with specialized personal trainers, ability specific equipment and an environment for healthy growth and development. Our goal is to assist each individual in exceeding personal fitness goals and perceived expectations, and in the process proving that disabilities don’t limit an individual’s ability to excel physically or mentally while fulfilling lifelong fitness.

AccessCNY
6666 Mainstreet Center Road .................................. 218-0844
East Syracuse, 13057 www.accesscny.org

AccessCNY offers a number of recreation programs for individuals with disabilities. Several recreation programs are offered in conjunction with community agencies like the YMCA or neighborhood center. A three week summer camp is also offered in late July and early August. Project Adapt; the agencies assistive technology lending library, allows individuals to borrow everything from toys and games and bikes to wheelchairs.

Advocates, Inc.
636 Old Liverpool Road ................................... 496-9331
Liverpool, 13088 www.advocatesincorporated.org

Family-centered recreational activities for individuals with disabilities and their families. Activities are free to families who qualify for OPWDD (Office for People With Developmental Disabilities) services. Activities may include but are not limited to adapted sports, fishing, roller skating, picnics, dances, ball games and local theatre.

Arc of Onondaga
600 S. Wilbur Avenue ...................................... 476-7441
Syracuse, 13204 www.arcny.org

-ART SURGE Program is a comprehensive arts recreation program for teens (13-18yrs) diagnosed with an autism spectrum disorder. Call for class schedule. Weekly evening classes and daily summer sessions.

-Community Recreation & Leisure activities for adults and teen with developmental disabilities who reside with their family. This is a schedule of events offered so they may choose activities in which to participate, such as sporting events, community fairs, tours, and movies. Members and their families are encouraged to assist in the planning of activities.

ARISE at the Farm
1972 New Boston Road .................................... 687-6727
Chittenango, 13037 www.ariseinc.org

A 77-acre inclusive recreation center where we provide year-round recreation and education programs for people of all ages and abilities. Services include therapeutic and adaptive horseback riding, summer day camp, horseback camping, horsemanship camps, and school break recreation. People coming to the Farm can use our paved track for adaptive cycling/walking/running, can play on our 16,000 square foot multi-surface playground, go fishing, use the high rope course, and can arrange for field trips to the Farm. People of all ages and abilities are welcome to visit or volunteer.

ARISE Child and Family Service, Inc.
635 James Street ............................................. 472-3171
Syracuse, 13203 www.ariseinc.org

-ARISE & Ski was one of the earliest adaptive winter sports programs in the region. Our PSIA-certified instructors and skilled volunteers teach people of all ages and abilities how to ski and snowboard. Lessons run for six weeks at the Greenbush Mountain Winter Sports Center in Fabius.

-UNION Camp is a week long summer camp that shares the artistic visions and voices of individuals with disabilities. The magazine is published annually by ARISE and celebrates the creative work of central New York artists and writers who have disabilities. We are proud to debut the magazine in 2012 with an exhibit at the Everson Museum of Art and then continue the work throughout the region.

-Young Adult Explorer’s Club is a weekly club for young adults to experience and enjoy creating art! With the assistance of ARISE staff members, young adults ages 14 to 21 are welcome to attend independently or with a family member or volunteer. This group is for young adults ages 14 who are responsible can attend. Members will have the chance to experiment with different artistic mediums. This is a free club to belong to and all supplies are included. Anyone who is interested must be OPWDD Waiver eligible.

ARISE Child and Family Service, Inc.
9 Fourth Avenue ............................................ 342-4088 Ext. 225
Oswego, 13126 www.ariseinc.org

-Teen Group: This group is for teenagers ages 13 to 19 (or until leaving school). This group fosters building of social skills and friendships; They often travel throughout Oswego or Onondaga County to discover new adventures. Wonderworks, The MOST, Plays, Get Air and the Strong Museum are some of the outings we have gone on.

-Community Connections Group: This group is for young adults ages 20 and older who enjoy social activities. We hold game nights, go bowling, attend dances, have fun getting together based on the desires of the group.

ASTRIDE
P.O. Box 8241 .................................................. 469-1622
Syracuse, 13203 www.ncpud.org/programs

A recreational horseback riding program for people with disabilities. ARISE is a volunteer, not-for-profit agency whose mission is to help people with disabilities to ride horses. A stride was founded in 1978. It is a member...
operating center of the North American Riding for the Handicapped Association (NARHA). We currently have two riding locations: Tanglewood Farm in LaFayette and Smoke Tree Farm in Lyons.

Boy Scouts: Integrated Troops
2803 Brewerton Road...........................................463-0201
Mattydale, 13211 www.cnyscouts.org

Camp Fire USA CNY Council
7 Adler Drive.......................................................463-8799
E. Syracuse, 13057 www.campfirecnyacn.org
Camp Fire USA offers Club and Camping Programs to all school aged children. These programs have trained adult role models, show children how to constructively use their time and expose children to diversity. Every effort is made to accommodate children with special needs. Clubs are generally held weekly, in the child’s neighborhood. Camping opportunities are day and residential at the council owned site, Camp Talolo.

Champions for Life Sports Center
453 Grant Avenue Road.........................................281-9305
Auburn, 13021 www.championsforlifesportscenter.org

CNY United Power Soccer ........................................857-7934
E. Syracuse, 13057 www.cnyunitedpowersoccer.org
A team sport, unisex, developed specifically for people with physical disabilities who use power wheelchairs or have a physical disability that prevents them from playing soccer. Players may use a protective wheelchair attachment and oversized soccer ball. Practices are September through June at the E. Syracuse Elementary school gym on Friday evenings from 6:30-8:30

East Area Family YMCA
200 Towne Drive ..................................................952-8531
Fayetteville, 13066 www.cnyymca.org
The East Area Family YMCA caters to families with diverse needs. Whether it be sports, swimming lessons, academic support, preschool, before/after school care, and/or inclusion needs, we’ve got you covered. Come visit us to see how we can best help you and your loved ones!

Exceptional Family Resources (EFR)
1721 Appoquinimink Avenue....................................478-1462
Syracuse, 13208 www.contactefr.org
-Project Explore is a summer recreation program for students ages 13-21 with developmental disabilities. The program runs weekdays, June-August, from noon-5pm. OPWDD eligibility and enrollment in HCBS Medicaid Waiver is required.
-Parent’s Night Out is a service for kids ages 6-12 that provides monthly recreation for the entire family, so their parents can enjoy a little time for themselves. OPWDD eligibility is required.
-Friends Connection partners people ages 18+ who have a developmental disability, with volunteers from the community to engage in recreational activities together. We provide monthly events and are always looking for new volunteers. This service also includes a partnership with Syracuse University to match students with service recipients to enjoy activities together. OPWDD eligibility is required.

Friday Night Dance
For information only call ........................................956-7626
The dance is held at the Youth Building at the NYS Fairgrounds every Friday from 7 PM - 9 PM $5 cover charge, first visit free. Snacks and drinks are available for cash purchase.

From the Ground Up Therapeutic Horsemanship, Inc.
5669 Eager Road....................................................655-8943
Jamesville, 13078 www.jamesvillehorselovers.com
Riding skills; learning to care for horses in their environment; vocational training program opportunities.

Girl’s Playhouse
5885 E. Circle Drive, Suite 250 ..................................288-7529
Cicero, 13039 www.girlsplayhouse.org/syracuse
An educational and awareness center created to serve individuals with Dwn syndrome from infancy through adulthood. Provides resources, specialized teaching, and support to individuals, families, and communities. Designed to facilitate skill development in speech and language, fine and gross motor skills, and overall academic achievement, one-to-one literacy tutoring available. Social opportunities for pre/terminal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults over 18. Free to families and specialized to meet needs of attendees.

Girl Scout Council of Central NY
8170 Thompson Road ..............................................698-9400
Cicero, 13039 www.gscny.org
Year round programming for girls of all abilities ages 5-17. Opportunities include summer day camps (with buses provided to sites). Troop activities include camping, challenge courses, hiking, swimming, science and engineering projects, as well as math related topics. Financial assistance is available to eligible families.

Greek Peak Mountain Resort
2600 NY Route 392 .....................................................(607) 835-6111
Cortland, 13045-9541 www.grepeaktours.com
Greek Peak provides a comprehensive learn to ski program for people ages 13-21 with developmental disabilities. Mon-Sat, call for an appointment. Cost varies. On Sunday, the program operating from the Adaptive Training Center provides morning and afternoon sessions at a reduced rate. Cost includes lifts, lessons and rentals.

HOPE.net works (at Northside Baptist Church)
7965 Oswego Road ..................................................652-3160 www.hopesoccer.org
Therapeutic dance groups; HOPE’s Angels for school age children, HOPE’s Ambassadors for teens and adults, HOPE’s Cherubs for preschoolers. The HOPE Club is a socialization group for adults (18yrs +) with disabilities. HOPE Happenings is a quarterly newsletter and calendar.

Just for Kicks Soccer
(At The Ultimate Goal Family Sports Center)
380 Lee Mulroy Road ...............................................673-4625
Marcellus, 13108 www.ultimategoalonline.com
A developmental soccer program for children with disabilities ages 3-21.

Learning Disabilities Association of CNY (LDA)
212 E. Manlius Street ..............................................870-9453
E. Syracuse, 13209 www.ldacny.org
Adult Social Group provides social opportunities Tuesday, Wednesday or Thursday evenings and one Saturday each month. Participants are involved in the activity planning.

Move Along, Inc.
P.O. Box 2205 ..........................................................420-4765 or ...374-0082
Leverone, 13069 www.movealonginc.com
Provides recreational opportunities for people who live with disabilities in Central NY. Programs include tennis, basketball, sled hockey and kayaking. Formerly operating under the name Syracuse Flyers Wheelchair Sports Inc.

New York State Inclusive Recreation Resource Center (NYS IRRC)
401 South Avenue ......................................................474-6823
Syracuse, 13202 www.swcssyr.org
Eligibility-city residents; located at Southwest Community Center. Youth and young adults with developmental disabilities can take part in social, recreational, personal development activities.

New York State Parks
451-7275
www.onondagacountyparks.com

Onondaga County Parks
Lake Drive.........................................................451-7275
Liverpool, 13088
Operates 6500 acres of regional attractions and educational facilities which are accessible to people with special needs. The Wegmans Playground at Onondaga Lake Park is a “Boundless” adventure area which has wheelchair access, customized swings, safety surfaced, and sensory rich, age zoned activity sections. Atriums, children’s wheelchairs, helmets, and multi-rider bicycles are available at the Griffin Recreation Concession. Seven miles of level, paved trails, the lift-equipped Wegmans Trams, and accessible shoreline fishing sports are also features of Onondaga Lake Park. The Rosamond Gifford Zoo, Beaver Lake Nature Center, “Time Out To Fish” program at Carpenter’s Brook Fish Hatchery, camp accessible Jamestown Beaches, Lights on the Lake at Onondaga Lake Park.

Special Olympics
187 Northern Concourse .............................................473-2933
N. Syracuse, 13212 www.specialolympics.org
Sports training in 23 sports for people with intellectual disabilities. Training by trained Special Olympic coaches on a seasonal basis throughout the year. Participants expected to attend all training sessions during season. (8-10 weeks)

Syracuse Challenger Little League Baseball .........433-5176
Baseball for ages 5-21, with developmental and/or physical challenges and disabilities. Season begins in June. www.syracusechallengers.com

Syracuse Chargers Track Club
118 Foxcroft Lane ....................................................637-6211
Fayetteville, 13066 www.syracusechargers.org
Program open to community participants, at the SRC Arena at Onondaga Community College.

Syracuse Model Neighborhood Facility, Inc.
401 South Avenue ......................................................474-6823
Syracuse, 13202 www.swcssyr.org
Eligibility-city residents; located at Southwest Community Center. Youth and young adults with developmental disabilities can take part in social, recreational, personal development activities.

Syracuse Parks, Recreation and Youth Programs
www.syracuse.gov....................................................473-4330
Several playgrounds have equipment accessible for people with disabilities.

The Keilberman Center - Offices in Syracuse and Utica
2068 Genesee Street .................................................315-787-6241
Utica, NY 13502 www.keilbermancenter.org
For children, adolescents, young adults and families: A wide variety of summer camps and year-round recreation activities are available for individuals ages 5-21.

-Advanced Square Support: Group support for adults with Autism Spectrum Disorders to process experiences, gain support, and learn from one another.
CREATING COLLABORATION AMONG THE DIVERSE FAITH TRADITIONS IN CENTRAL SYRACUSE

InterFaith Works promotes compassion, cooperation and esteem through club, camp and other exciting activities. It gives young people with mental and physical disabilities the chance to experience fun and adventure, to develop fulfilling friendships and to challenge their limits while building self-esteem through club, camp and other exciting activities.

Ministry for People with Disabilities

Syracuse, 13207
www.serendipity.org

AccessCNY provides residential services in Onondaga County to people with disabilities. Services include community residence living and apartments.

ARC of Onondaga

600 S. Burr Avenue
Syracuse, 13204
www.arcon.org

A non-profit development and management company specializing in housing for seniors, families, and people with disabilities in Upstate New York. Their apartment communities provide access and accommodations for seniors and/or disabled individuals in a variety of upstate New York settings. Subsidized rental assistance is offered to residents who meet financial eligibility requirements.

CHRISTOPHER COMMUNITY

990 James Street
Syracuse, 13204
www.christophercommunity.org

ELMCREST CHILDREN'S CENTER

960 Salt Springs Road
Syracuse, 13234
www.elmcrest.org

ELMCREST CHILDREN'S CENTER PROVIDES PROGRAMS FOR PREADOLESCENT AND ADOLESCENT MALES WITH DEVELOPMENTAL DISABILITIES, EMOTIONAL, PSYCHIATRIC AND BEHAVIORAL ISSUES WHO NEED AN EMERGENCY PLACEMENT AND/OR A DIAGNOSTIC EVALUATION.

ELMCREST RESIDENCE: Eulid Avenue, Syracuse Community Residence for adolescent males in the DSS overlooking a portion of apartments reserved for women with mental health issues and HUD regulating the portion open to women with other disabilities. Some capability to care for women with dependent children under the HUD portion.

Intensive Apartment Program: Serves dually diagnosed men and women with Axis I mental health diagnosis and severe and persistent disabilities. Program includes individualized service plans. Clients are required to participate in appropriate programming. Two bedroom apartments accommodate adult males with children. Residential specialists work 1:1 to assist with activities of daily living and provide individualized services in 11 rehabilitative areas.

Single Room Occupancy: Long-term housing for adults with serious and persistent mental illness or Axis I diagnosis. Residences staffed 24/7 with secure reception areas. On-site staff provides services including medication management, crisis intervention, activities for daily living, social and recreational opportunities.

Community Options New York, Inc.

216 W. Manlius Street
Syracuse, 13204
www.comop.org

Provides support that allows people with disabilities the options to remain in their home and community; return to work; and maintain a level of independence with self-care and activities of everyday life.

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New York with the goal of increasing understanding and harmony among all people. We do this through education and dialogue. We also provide advocacy and six social service programs which serve people in need including refugees, the elderly, the disabled, and the institutionalized. As a result, thousands of people in our community are enabled to live better lives as our neighbors.

Religious Programs

Capernaum Youth Life

600 Oswego Street, Suite 6
Liverpool, 13088
www.syromoo.org

Young Life leaders have the privilege of knowing and sharing their lives with kids and Young Life Capernaum gives young people with mental and physical disabilities the chance to experience fun and adventure, to develop fulfilling friendships and to challenge their limits while building self-esteem through club, camp and other exciting activities.

While all activities are open to every kid, many areas have dedicated programs for kids and young adults with disabilities, typically referred to as Young Life Capernaum Ministries.

InterFaith Works of Central New York, Inc.

3049 E. Genesee Street
Syracuse, 13224
www.interfaithworksny.org

InterFaith Works promotes compassion, cooperation and partnership among the diverse faith traditions in Central
system to develop critical life skills.

-Family Support Center: Transitioning residence for children entering and moving through the foster care system in Onondaga County. FSC serves up to 14 males and females from 0-18 years old.


Fair Housing Council of Central New York: 327 W. Fayette Street, Syracuse, 13202. A nonprofit organization dedicated to promoting equal housing opportunity for everyone by helping to enforce laws against discrimination in housing on the basis of race, color, religion, sex, age, national origin, sexual orientation, military status, source of income, disability and familial status.

Home HeadQuarters, Inc.: 538 Erie Boulevard West Suite 100, Syracuse, NY 13204. An organization committed to creating housing and related opportunities that improve the lives of underserved people in central and upstate New York and revitalize the communities in which they live. Offers nationally-certified homebuyer education for first-time homebuyers, financial and homeownership counseling, Foreclosure Prevention and real estate planning and development. Providers of affordable home and energy improvement loans and grants to area homeowners.

H.O.M.E., Inc. (Humanitarian Organization for Multi-cultural Experience): 831 James Street, Syracuse, 13203. An organization committed to creating housing and related opportunities that improve the lives of underserved people in central and upstate New York and revitalize the communities in which they live. Offers nationally-certified homebuyer education for first-time homebuyers, financial and homeownership counseling, Foreclosure Prevention and real estate planning and development. Providers of affordable home and energy improvement loans and grants to area homeowners.

L'Arche Syracuse: 920 Spencer Street, Syracuse, 13204. A Christian community operating four homes for adults with developmental disabilities. Emphasis is on life sharing/relationships between people with a disability and those who assist them.

Liberty Resources, Inc.: 1045 James Street, Syracuse, 13203. Provides a range of residential and nonresidential services to individuals and families in Onondaga and Madison Counties. Residential opportunities include: individualized residential alternatives, supported apartments, community habilitation and individualized service environments.

Loretto Community Residences, Inc.: 750 E. Brighton Avenue, Syracuse, 13205. Operates four supervised community residences for older people who use mental health services or have a developmental disability.

Onondaga Community Living (OCL): 181 James St., Suite 110, Syracuse, 13203. Provides residential habilitation services in Onondaga County to people with developmental disabilities in an IRA. Also provides self-directed services to individuals who want to live independent of family with or without a live in caregiver or housemate.

Salvation Army: 677 S. Salina Street, Syracuse, 13202. Offers counseling, emergency housing care and material assistance to individuals and families; safe, affordable supervised apartments for young mothers ages 16-21 and their children; comprehensive youth services include residential care and counseling for runaway and homeless youth; counseling and case management for pregnant or parenting teens; Youth Community Center; PRISM program; shelter and transitional housing services for older troubled youth and their families.

Spanish Action League of Onon, Co., Inc.: 700 Oswego Street, Syracuse, 13204. Provides a range of residential and nonresidential services to individuals and families in Onondaga and Madison Counties. Residential opportunities include: individualized residential alternatives, supported apartments, community habilitation and individualized service environments.

The Kelberman Center: 2608 Genesee Street, Utica, NY 13502. Provides a range of residential and nonresidential services to individuals and families in Onondaga and Madison Counties. Residential opportunities include: individualized residential alternatives, supported apartments, community habilitation and individualized service environments.

Toomey Residential and Community Services: 1654 W. Onondaga Street, Syracuse, 13204. Provides a range of residential and nonresidential services to individuals and families in Onondaga and Madison Counties. Residential opportunities include: individualized residential alternatives, supported apartments, community habilitation and individualized service environments.

Spaulding Support Services: 6520 Basilo Rowe, East Syracuse, 13057. Provides a range of residential and nonresidential services to individuals and families in Onondaga and Madison Counties. Residential opportunities include: individualized residential alternatives, supported apartments, community habilitation and individualized service environments.

ment and to support independent living through training, and to support independent living through training, and to support independent living through training, and to support independent living through training, and to support independent living through training, and to support independent living through training, and to support independent living through training, and to support independent living through planning and consultant services. Referrals must be made through your home school district’s office of special education.

**TRANSITION FOR HIGH SCHOOL STUDENTS**

As students with special needs reach their teens, they and their families may need special help planning for the years after they are no longer in public education. Before your child reaches age 15, your local school district’s CSE (Committee on Special Education) is required to meet with you, your child, and others to develop an Individualized Education Program (IEP) for your child. This plan will become part of your child’s IEP (Individualized Education Program). These will be reviewed and updated annually until your child completes school and/or through the age of 21.

**ACCES-VR (Vocational and Educational Services)**

Vocational and Educational Services provides vocational rehabilitation services to people with disabilities. ACCES-VR starts with the presumption that all individuals with disabilities can benefit from vocational rehabilitation services and should have opportunities to work in jobs integrated within their communities. Vocational Rehabilitation Counselors guide individuals through service programs they need to reach their employment goal. ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development.

**SPECIAL EDUCATION PARENT GROUPS**

Local school districts have formed parent teacher groups to support the common needs of their students, faculty and community members. Some districts also have additional special education parent teacher associations. Our area is part of the Central Region Special Education Parent Teacher Association. The goals of a SEPTSA (Special Education Parent Teacher Association) are to bring in speakers related to special education, be a resource for families and assist families to maximize their children’s learning and social experiences, open communication about children of all abilities, district wide improvements in special education services and work collaboratively with parents, teachers, administrators and other service providers. For information on a SEPTSA in your district or for your district’s SEPTSA contact information, please contact the NYS Central Region PTA www.nystp.org or your local school district.
**At Home Independent Living, Inc.**

4464 Milton Avenue. ........................................ 579-4663
Camillus, 13033 www.athomeindependentliving.com
At Home is the perfect adjunct service for the elderly or disabled person who is having trouble coping with independent living because of chronic disability, Alzheimer’s disease or increasing frailty. Through a combination of compassionate caregivers and supportive technologies individualized care plans are developed through our consultative approach to provide care. Services hours are customizable from a few hours per week to 24 hours/7 days depending on client needs and include cooking, cleaning, transportation, pet care, medical reminders and a whole lot more.

**AURORA of Central New York, Inc**

518 James Street, Suite 109-.....TDD 422-9746... 422-7263
Syracuse, 13203 www.auroracny.org
Providing consultation and assistance for seniors with vision loss who are not yet legally blind and those who are hard of hearing. Support groups and book club.

**Catholic Charities**

Salina Civic Center, 2826 Lemoyne Avenue ............ 424-1810
Syracuse, 13204 www.ccecc.org
- **-EISEP (Expanded In-Home Services for the Elderly)** provides case management and in-home personal care and housekeeping for non-Medicaid eligible senior citizens. Additional services include telephone lifetime and daily care subsidy. Outcomes include individuals being able to function independently or minimally in their community. Services to seniors as needed.
  - **-Foster Grandparent Program (FGP)** offers senior citizens the opportunity to share their time, talents with children and young adults in our community.
  - **-FGP (Expanded In-Home Services for the Elderly)** assists non-Medicaid eligible senior citizens to maintain their independence and remain in the community. Clients receive case management, meals and financial assistance with services such as housekeeping, personal care, respite care, and ancillary services (e.g. installation/monitoring of a Personal Emergency Response System).
  - **-Senior Companions** links older adults with other seniors for lively and meaningful interaction. These visits also provide respite time for caregivers.
  - **-At-Risk Care Management** assists families in coping with the changes that often face older family members as they manage or care for their loved ones.
  - **-Catherine McAuliffe Center** provides end of life and palliative care for anyone with a prognosis of six months or less of life. Services are generally provided in the home and focus on comfort rather than curing. This is a program of Loretto in cooperation with St. Joseph’s Hospital Health Center.
  - **-PEACE, Inc.**
    - **Administration Office**
      - 217 S. Salina Street, 2nd Fl .......................... 470-3300
      - Syracuse, 13204 www.peace-caa.org
    - **-Frank DeFrancisco Eastwood Community Center**
      - 401 S Miller Ave ................................. 437-4011
      - Syracuse, 13206
    - **-Eastside Family Resource Center (ESFC)** .................................................. 437-3302
      - 200 South Beech Street
      - Syracuse, 13205
    - **-County East Family Resource Center (CEFRC)** .................................................. 437-7071
      - 200 South Beech Street
      - Syracuse, 13205
    - **-Neighborhood Resource Center (SRCR)** .................................................. 696-8203
      - 12 Clinton Street
      - Tully, 13159
  - **-Senior Nutrition** prepares healthy meals and serves them to low income seniors at 50 sites throughout Onondaga County. The suggested contribution for lunch is $2.75 per participant and $5 for a guest meal. ........................................ 470-3331
  - **-Foster Grandparent Program (FGP)** .................................................. 295-0719
    - FGP offers senior citizens the opportunity to share their time and talents with children and young adults in our community.
  - **-Neighborhood Advisor Program** .................................................. 303-4280
    - Neighborhood Advisor can provide support to senior citizens age 55 and above who live in the Baldwinsville area and the Town of Elbridge.

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- **-Syracuse Jewish Family Service**
  - 4101 E. Genesee Street ........................................ 445-0820
  - Syracuse, 13214 www.sjfs.org
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- **-Senior Companions** links older adults with other seniors for lively and meaningful interaction. These visits also provide respite time for caregivers.
- **-Solutions Program** assists seniors and individuals with disabilities to pay household bills, balance bank statements, read community applications, claims forms and other official paperwork. Clients can also be assisted to pull together an organized system of household accounts and records.
- **-S.O.S. (Serving Our Seniors)** Volunteers and staff members perform basic grocery shopping and errand services for homebound seniors and individuals with disabilities. Clients of the program may accompany the shopper if their general health and condition allows this to be done safely.
**Support Groups**

**ADD/ADHD Parent and Staff Support Group**  
North Syracuse Central School District  
218-2500  
Cicero, 13050  
Meetings held at Cicero Elementary. Open to both district and non-district residents. 3-5 workshops per school year. Check “parent resource” section on website for dates and times.

**Arise Child and Family Services, Inc.**  
635 James Street  
Syracuse, 13202  
www.arisesvc.org  
Sibshops is a social and support group for brothers and sisters who have a sibling with a disability. Sibshops is available for any youth in Onondaga County 7-12 years of age who have a sibling with a disability. Arise also offers a teen group for teens 13-17 years of age who have a sibling with a disability. The group meets at various times and locations that are convenient for the participants. The meetings are a great opportunity to discuss concerns, frustrations, accomplishments, and almost anything else related to life with having a sibling with a disability. Sib teens 13-17 years old can also meet and chat online any time they want or need to. 217 Sibshops is also available in Oswego County.

**The Communicators** is a monthly social group in Onondaga County for adults with all types of disabilities. This group gives you the opportunity to come together, make new friends, socialize, learn, and share your experiences.

**-TBI Support Group** is a group in Oswego that offers peer support for individuals who have experienced a traumatic brain injury. The group meets on the second Tuesday of the month at 4:30 PM at the ARISE Oswego Office, 9 Fourth Ave. Contact (315) 342-4088 for more information.

**Additional Social & Support Groups** are also offered in Madison, Onondaga, and Oswego counties.

**Brain Injury Association of NYS - Central Region**  
Onondaga County contact 453-7120  
Liverpool, 13088  
www.hiannys.org  
Caregivers’ group meets at The Centers at St. Camillus.  
Arise Child and Family Services, Inc.

**Brain Injury Coalition**  
420 E. Genesee Street  
Syracuse, 13202  
426-5364  
www.bic-nys.com  
Support group for individuals and family members age 18 and over who have survived a brain injury. Support group meets the 2nd Wednesday of each month 4:00 pm to 6:00 pm at Community Options New York Inc., 216 W. Manlius Street, East Syracuse.

**Café Plus**  
216 W. Manlius Street  
E. Syracuse, 13057  
446-3124  
www.dreamscape.com/cafelife  
A coffee shop sponsored by the Brain Injury Coalition for people who have survived a head-injury or some type of head trauma or stroke. Meets the first Saturday of each month. There’s coffee, food, conversation and much more!

**CNY ASA (CNY Chapter of the Autism Society of America)**  
PMB 29, 4450 E. Genesee Street  
Syracuse, 13214  
447-4466  
www.cnyasa.org  
Meetings held at Jowonio School. CNY ASA “Spectrum Support” is a peer-to-peer service for parents, caregivers and professionals of individuals with autism spectrum disorder who are seeking support and guidance.

**Disability in Action of Greater Syracuse, Inc.**  
165 Martin Street  
Syracuse, 13208  
455-9626  
Disability civil rights organization that fights for systems change and equality of people with disabilities in our society. Group meets at 4:30 the third Monday of every month at Enable.

**Down Syndrome Association of Central New York**  
P.O. Box 5  
Manlius, 13104  
www.dsacnyc.org  
Our purpose is to support one another in the challenges we face; to educate the community both in its knowledge and perception of Down syndrome; to advocate for our children and to be available to other parents.

**Epilepsy-Pralid Inc. (EPI)**  
1063 James Street, Suite 220  
Syracuse, 13203  
477-0777  
Epilepsy-Pralid, Inc. (EPI)’s monthly support groups provide a safe and comfortable space for individuals and their families to share their stories; as a result of Epilepsy, Traumatic Brain Injuries, and/or other neurological impairments. The group is open to the public and meets on the last Tuesday of each month 200 otherwise specified.

**FEAT of CNY/Jigsaw Junction**  
515 S. Main Street  
Syracuse, 13202  
452-0427  
www.featofcny.org  
Families of Effective Autism Treatment is a parent organization that provides Support Groups, Family Consultations, Kids Clubs and Playgroups, Parent Groups and Activities, Trainings and 1:1 Meetings with our Family Support Specialists, Crisis Intervention, and Consultations for Problem Behaviors. We run a Family Center where families can meet for all of these services, get together for Free Play Time, or even rent it out for Autism Friendly Birthday Parties.

**HOPE.network (at Northside Baptist Church)**  
7965 Oswego Road  
Liverpool, 13090  
652-3160  
www.bic-cny.org  
HOPE.network is a support group for families of children with disabilities which offers twice monthly meetings, several specialized programs for children, teens and adults with disabilities, family activities and educational workshops. Membership in the church is not required.

**Huntington Family Center**  
405 Clifford Street  
Syracuse, 13204  
476-3157  
www.huntingtonfamilycenters.org  
An education and life skills building group for parents of all ages and abilities. Group meets Tuesday, Wednesday and Thursday from 9:00am to 12:00pm. Childcare is provided. Home visits are provided as needed.

**Mainstream (at Syracuse Model Neighborhood Facility)**  
401 South Avenue  
Syracuse, 13204  
474-6822  
www.swcscv.org  
Muscular Dystrophy Parent/Child Group  
6315 Fly Road, Suite 102  
E. Syracuse, 13057  
451-8269  
www.parentprojectmd.org  
NAMI Syracuse  
917 Avenue Avenue  
Syracuse, 13204  
487-2085  
www.namisyracuse.org  
NAMI (National Alliance on Mental Illness) is a grass roots, self help, support and advocacy organization dedicated to improving the lives of families who have relatives with a brain disorder (mental illness).

**Onondaga County Department Office for Aging**  
Civic Center, 10th Floor, 421 Montgomery St, Syracuse, 13208  
1820 Lemoyne Avenue  
Syracuse, 13204  
435-2362  
www.ongov.net/aging  
For caregivers 55 and older with a family member with a developmental disability.

**Prader-Willi Syndrome: Support for Families**  
P.O. Box 222  
Baldwinsville, 13027  
402-6874  
www.prader-willi.org  
Syracuse, 13204  
473-6927  
www.sansy.org  
Supports and developments in self-advocacy groups. Promotes disability awareness through public education, presentations and trains disabled people in self-advocacy and their rights.

**Senior Social Group at Exceptional Family Resources**  
1820 Lernoyne Avenue  
Syracuse, 13204  
478-1462  
www.contactefr.org  
For caregivers and older with a family member with a developmental disability.

**Sensory Processing Disorder Parent-Connections**  
Beacon Baptist Church, Rt 31  
Memphis, 13112  
247-4195  
Cla5, 13041  
www.cnyspdp.com  
CNYS SPD Parent-Connections is a support group for parents of children with sensory processing difficulties, regardless of diagnosis.

**Tourrette Syndrome CNY Support Group**  
635-6967  
Memphis, 13112  
www.tsa-ensy.org  
Meetings held at Baldwinsville Public Library 3rd Tuesday of each month 7:00pm to 9:00pm.

**CNY Sensory Processing Disorder Parent-Connections**  
Beacon Baptist Church, Rt 31  
Memphis, 13112  
247-4195  
Syracuse, 13204  
www.cnyasperd.org  
CNY ASD Parent Groups is a support group for parents of children with autism spectrum disorder.

**Old Liverpool Road, Liverpool, First Monday of each month, other Thursday. Two groups: one at 4:30 pm & the other at 6 p.m.**  
Memphis, 13112  
www.ongov.net/aging  
Meetings held at Baldwinsville Public Library 3rd Tuesday of each month 7:00pm to 9:00pm.

**The Hearth at Greenpoint, 150 Old Liverpool Road, Old Liverpool, First Monday of each month 7:00pm to 9:00pm.**  
Memphis, 13112  
www.ongov.net/aging  
Meetings held at Baldwinsville Public Library 3rd Tuesday of each month 7:00pm to 9:00pm.
Are you looking for resources to help you and your family navigate the challenges of living with disabilities or mental health issues? Here are some organizations and programs that might be helpful:

**Exceptional Family Resources (EFR)**
1820 Lemoyne Avenue ........................................ 478-1462 Ext. 337
Syracuse, 13208
Contact EFR for information on courses relating to the roles, responsibilities and challenges of raising children with autism spectrum disorders in their programs. The EFR Outreach Program is available on a variety of topics such as, Autism Spectrum Disorders or development related disorders, referrals, advocacy, family support services, and specific materials such as visual schedules and social stories can be provided.

**Huntington Family Center**
405 Gifford Street ........................................ 478-3157
Syracuse, 13204
Family Support Network is a parent education and life skills building group for parents of all ages. COPE+ is a parenting class designed to improve basic parenting skills, develop open and honest communication between parents and children, help parents understand the complex challenges of adolescence and help families address problem areas.

**Learning Disabilities Association of CNY (LDA)**
212 E. Manlius Street ........................................ 432-0665
E. Syracuse, 13057
Provides general information on learning disabilities and related disorders, referrals, advocacy, family support services and parent training for families.

**Margaret L. Williams Developmental Evaluation Center (DEC)**
215 Bassett Street ........................................ 472-4404
Syracuse, 13210
Provides information on developmental disabilities, educational and social skills classes are being taught at Central Square High School and Fulton High School.

**Syracuse University Parent Advocacy Center (SUPAC)**
Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone.

**Whole Me, Inc.**
1015 State Fair Boulevard ................................ 468-3275
Syracuse, 13209
Whole Me, Inc. provides services to families with parents or caregivers of infants and children up to 12 years.

**Children’s Consortium**
2122 Erie Boulevard E. ........................................ 471-8331
Syracuse, 13224
Provides a variety of programs and support for families with children ages 8-9 in school and community centers, and gross motor skills, and overall academic achievement, and gross motor skills, and overall academic achievement.

**Contact Community Services, Inc.**
431 Court Street Road ...................................... 251-1400
East Syracuse, 13057
Contact offers a variety of suicide prevention/intervention classes for teens, parents, teachers, mental health professionals and other community agencies; and more. Contact offers Mental Health First Aid classes to teach participants how to aid youth and adults in crisis before they can receive professional help. Contact also offers adverse childhood grief management workshops that teach participants to use their anger in constructive and healthy ways, and a Children’s grief workshop that teaches participants who are getting separated or divorced how to protect their children from the negative effects of the ongoing parental conflict.

**Aurora of Central New York**
3180 West Genesee Street, Suite 100 .................. 342-6912
Aurora of Central New York provides services to families with parents or caregivers of infants and children up to 12 years.

**Spanish Action League of Onon, Co., Inc.**
700 Oswego Street ........................................ 475-6153
Syracuse, 13204
Spanish Action League of Onon, Co., Inc. provides services to families with parents or caregivers of infants and children up to 12 years.

**Arise Child & Family Service-Oswego**
9 Fourth Avenue .......................................... 342-4088
Oswego, 13216
Lessons help parents learn and practice techniques to help their children both at home and in the community.

**Corelly, 1303**
4464 Milton Avenue ......................................... 578-6963
Contact Corelly for Mental Health First Aid classes that teach participants how to aid youth and adults in crisis before they can receive professional help. Corelly also offers adverse childhood grief management workshops that teach participants to use their anger in constructive and healthy ways, and a Children’s grief workshop that teaches participants who are getting separated or divorced how to protect their children from the negative effects of the ongoing parental conflict.

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TRANSPORTATION

Bus Parts Warehouse

1 Thremold Drive, P.O. Box 441
Syracuse, 13202
(315) 256-9798

Manlius, 13104
(800) 835-5567, 24 hours a day

A leading national distributor, we focus on replacement parts, product upgrades, and special products for the school transportation industry. Along with car seats, we have a strong focus in the special needs school area and our staff members are certified as instructors on the proper positioning and safety of wheelchair user occupants.

NY State Department of Motor Vehicles

5801 E. Taft Road
N. Syracuse, 13212
(800) 225-5368

Information on parking privileges for the disabled: parking permits, distinctive plates, registration procedures. A non-driver’s identification card is available.

Onondaga County Health Department

Homebound Transportation Program

435-2960

Provides four round trip rides to disabled individuals who are unable to leave their homes without assistance and who cannot use existing transportation services such as Call-A-Bus.

Traffic Safety Programs

435-3280

Law enforcement agencies distribute free in-line helmet purchases, and traffic safety education, information/presentations.

Car Seat Rental Program

435-8485

Ontario County Sheriff Office

Accessible Parking Enforcement and SHAPE Program

435-3036

Syracuse, 13202
www.nysdmv.state.ny.us/forms/mv6641.pdf

The enforcement of accessible parking regulations in Ontario County is coordinated by the Sheriff’s SHAPE program; accessible parking regulations, how to report violations and how to become a SHAPE volunteer.

Parking Permits for Persons with Severe Disabilities

Call your local city, town or village hall to find out where the nearest permit issuing agent is located. Most city, town or village clerks, and some police departments, issue permits. Although most agents accept the MV-664.1 form, some have their own application form, and not all agents issue permits for temporary disabilities. Applications may be filed with your local agent, not the Department of Motor Vehicles.

Medicaid Transportation Department of Social Services

435-2926

Syracuse, 13202
www.ongov.net

Medicaid may be used in certain instances to pay for transportation to medical appointments and day treatment programs.

New York State Department of Motor Vehicles

5801 E. Taft Road
N. Syracuse, 13212
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435-2926

Syracuse, 13202
www.ongov.net

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Circare
60 Erie Blvd West, Suite 302 472-7763 Syracuse, 31204 www.circare.com
Circare Vocational and Educational Services are designed to support transition age and adult individuals who seek employment, a High School Equivalency Diploma, tutoring, apprenticeship opportunities, or earn college level credentials or degrees. Circare provides direct services to help people gain the skills they need and support services to find work and to find new ways to earn with other services to achieve their goals. Circare has Certified Work Incentive Benefit Planners to help individuals and families make informed decisions on the road to self-sufficiency, by supporting goals while maximizing benefits. “Learn to Earn”

CNY Works, Inc. and New York State Department of Labor
Division of Employment Services
443 N. Franklin Street, Lower Level 437-8250 Syracuse, 31204 www.cnyworks.com
NY’s Certified Career Center. Provides career assessment and counseling for job seekers and specialized business services to local employers. Services include a state of the art resource center, internet job search, resume workshops, training classes and year round youth programs.

College for Living (at Onondaga Community College)
J. Stanley Cayne Hall, 4969 Onondaga Road 498-6005 Syracuse, 31215 www.suvoced.com
-Continuing Education for adults 18+ who have developmental disabilities. Noncredit courses in academics, recreation, independent living skills and computer skills are offered at OCC each semester.

New Visions is a summer program held for one-week that offers students an encompassed college experience with noncredit classes relating to academics, recreation and daily living skills.

The Foundation Transition Program (formerly Passages) is a group day habilitation program that focuses on issues of personal/academic development revolving around employability. Students must be 19 years or older and transitioning from high school with an IEP diploma.

InclusiveU at Syracuse University
305 Huntington Hall 430-4008 Syracuse, 31242 www.su.edu
Through partnership with community agencies, The InclusiveU initiative offers fully inclusive and specialized transition services for individuals with intellectual and developmental disabilities. InclusiveU students participate in extended learning opportunities with an individualized curriculum and can earn a non-credit certificate through University College. They also participate in seminars on topics including self-advocacy, positive relationships, job skills and social skills. Students are involved in social and recreational activities at the Campus through the Peer-2-Peer project and, in their final year, have the opportunity to intern on campus through Project SEARCH, a national employment preparation program.

OCM BOCES, Oneonta-Cortland-Madison Board of Cooperative Education Services
Career Training Center...........TTY 435-4415. 435-4455
4500 Crown Road
Syracuse, 31209 www.ocmboces.org
Full-time training in many occupational areas and part-time continuing education with over 500 offerings. Services include vocational education, career counseling, job placement, job search workshops, English as a second language and customized workforce training, GED prep.

Precision Contractors
320 Onondaga Park Drive 452-0992 N. Syracuse, 31212
Work readiness program to develop skills for people with developmental disabilities under the OPWDD Waiver.

Project SEARCH at Syracuse University
308 Huntington Hall 807-2522 www.taihoffcenter.syr.edu/projectsearch
Syracuse University is a certified host business site for Project SEARCH, a one-year employment preparation program where students with intellectual and developmental disabilities participate in three internships to explore a variety of career paths and to acquire transferable and marketable job skills. Our goal is for all of our students to graduate from the program with competitive, inclusive employment. Potential interns are typically InclusiveU graduates who are 21 years of age or older, and eligible for OPWDD Waiver and ACCES-VR.

Syracuse City School District: Rescue Mission Food School
148 Gifford Street 472-6251 Syracuse, 31202 www.mysmr.org
The Syracuse City School District operates a food preparation and cooking school at the Rescue Mission’s Food Services Center. In conjunction with food service training, there are classes in employment preparation, including assistance with resume writing, completing applications, obtaining references, interviewing and other skills.

Syracuse Educational Opportunity Center
100 New Street 472-0130 Syracuse, 31202 www.syracuseoc.org
An adult (17+) education program serving educationally and financially disadvantaged students. Programs include GED and GED testing, certified nursing aide, college preparation, computer software and software enrichment training, English as a second language, medical billing and coding and customer service office training. Programs are free for those who qualify.

Unity Employment Services
518 James Street, Suite B2 478-4240 Syracuse, 31203 www.unitthouse.com
Individualized supported work services for adults who have been diagnosed with psychiatric and/or developmental disabilities. Services include skill and interest assessments to identify career goals; assistance with job search activities, networking and interviewing to obtain employment; job coaching support and ongoing evaluation of job performance and satisfaction to ensure successful long-term employment.

Winds of Agape, Inc.
1414 Grant Boulevard. 425-0547 Syracuse, 31208 www.windsofagape.com
Assists individuals and families, those with brain injuries and other disabilities facing a crisis through the provision of emergency food, beds, and empowerment programs, including job training, employment through the Winds of Agape Home Care Agency, community education, adult day program, resource care and guidance to assist them in winning over adversity.

The Central New York Developmental Disabilities Regional Office (CNYDDRO) serves all of the counties listed in this section. They frequently maintain more extensive lists of organizations for the counties they serve and are a good place to start a search for services. The following lists are intended as a starting point for finding services in other counties.

CAYUGA COUNTY

AccessCNY
600 Malpass Center Road 218-0844 East Syracuse, 13057 www.accesscny.org
Provides evaluation and clinical services for people living in surrounding counties. Project Adapt and the TRAID Center provide monthly rural outreach to Cayuga, Cortland, Madison, Oswego and Tompkins counties for the assistive technology lending library. Family Support reimbursement and environmental modifications are also available in Cayuga County.

ARISE Child and Family Service, Inc.
635 James Street 472-3711 Syracuse, 31203 www.arisecny.org
ARISE works to ensure that every person, regardless of disability, has the power to make life choices and achieve their dreams. As the local non-profit Independent Living Center for Onondaga, Oswego, Madison, Cayuga, and Seneca counties, many of the agency’s services are available to people of all ages who have any type of disability. Programs include representative payee services, benefits advisement, personal advocacy, accessibility consultation, educational advocacy, information and referrals, Medicaid Service Coordination.

Epilepsy-Pralid Inc. (EPI)
1055 James Street, Suite 220 477-9777 Syracuse, 31203 www.epiny.org
Epilepsy-Pralid, Inc. (EPI) is a person-centered agency proudly serving individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have epilepsy or related special needs from birth through adult. Also provides state of the art rehabilitation of swallowing disorders including biofeedback and VitalStim® therapies. Residential services help individuals with daily life activities (as identified in their Individualized Service Plans.) and are usually provided within the home environment including Onondaga County. This is a Medicaid Waiver program operated under OPWDD.

AUBORA of Central New York, Inc.
518 James Street, Suite 100 TDD 422-9746, 422-7263 Syracuse, 31203 www.auaboraofcnv.org
Offers a wide range of services to individuals who are blind, visually impaired, deaf or hard of hearing in Onondaga and contiguous counties, and their families. Services include: instruction in daily living skills; safe/independent travel training; instruction in adaptive technology for people with visual, hearing or physical disabilities; counseling and referral; social work case services; group program; Pre-College and work readiness training programs, vision/hearing screening and Sign Language interpreting through the Marjorie Clere Interpreter Referral Services.

Cayuga Centers
101 Hamilton Avenue 253-5388 Auburn, 31021 www.cayugacenters.org
Weekend respite, after 5:00pm weekend respite, community habilitation, family reimbursement, and Medicaid service coordination.

Central New York Developmental Disabilities Regional Office (CNYDDRO) – Cayuga County
248 Grant Avenue, Suite 2 282-0021 Auburn, 31021 www.opwdd.ny.gov

CNY Works, Inc. and New York State Department of Labor
Division of Employment Services
www.taishoffcenter.syr.edu/inclusiveu
www.cnyworks.com
www.sunyocc.edu
www.taishoffcenter.syr.edu/projectsearch
www.taihoffcenter.syr.edu
www.suvoced.com
www.mysmr.org
www.syracuseoc.org
www.unitthouse.com
www.accesscny.org
www.arisecny.org
www.epiny.org
www.auaboraofcnv.org
www.cayugacenters.org
www.opwdd.ny.gov
Community Education and Advocacy, as well as support with establishing services through OPWDD’s Eligibility Clinic and Front Door Intake Unit. In addition, an Epilepsy Support Group is conducted once per month on James Street through the Community Education department and remains open to the public. Individuals served and eligible through OPWDD are also welcomed and encouraged to attend EPI’s Camp EAGR, which occurs annually every August and provides a week-long opportunity to socialize and be active amongst supportive peers and staff.

**Mid-State Early Childhood Direction Center (ECDC)**

370 Huntington Hall

TTY 443-4355

443-4444

Syracuse University

(315) 443-5848

Syracuse, 3244

www.ecdc- syr.edu

Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals in confidence and free of cost about: early childhood development, behavior, and specific disabilities; screening and evaluation services (public and private); Early Intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children.

**Options for Independence**

75 Genesee Street

(315) 255-3447

Auburn, 13021

www.optionsforindependence.org

Support Group is conducted once per month on James Street. Consultation regarding ADA, universal design, and environmental modifications are also available in the rural community. Site for co-op Food Sense and other programs for residents in the two-county area. Services include adaptive technology, advocacy, Alzheimer’s day services, Camp Columbus, consumer-directed personal assistance, clinical therapies and treatment, community employment, day habilitation, Early Intervention, employment services, family reimbursement, family support guardianship, home and community-based Waiver services. Individual and family counseling, information and referral, job placement, preschool, pre-vocational training, recreation, rehabilitation services, community habilitation, respite, service coordination, Special Olympics, transportation and vocational services.

**Syracuse University Parent Advocacy Center (SUPAC)**

Syracuse University Special Education Parent Center (Mid-State Region)

SU Center on Human Policy, Law, and Disability Studies

372 Huntington Hall

(315) 443-9555

www.syr.edu

SUPAC is the Mid-State Region Special Education Parent Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children’s education; assist in understanding their children’s disabilities; promote early resolution of disputes between parents and school districts; promote the use of resolution sessions and special education mediation; assist in understanding their procedural due process rights; and enhance parents’ skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children’s education.

**Unity House of Cayuga County, Inc.**

262 South Street

(315) 253-6227 Ext. 176

Auburn, 13021

www.unityhouse.com

Unity House offers respite service in Auburn for adults (age 18+) with developmental disabilities on a planned or emergency basis. Our overnight service includes 24/7 supervision by trained, caring staff. The site is handicapped-accommodating and features a welcoming, home-like environment. Support for respite are tailored to meet the needs of each individual.

**Unity House of Cayuga County, Inc.**

34 Wright Avenue

(315) 253-6227

Auburn, 13021

www.unityhouse.com

Provides transitional and permanent housing, rehabilitative respite, Medicaid service coordination, and employment services for adults with mental illnesses, developmental disabilities, and/or chemical dependencies from which they are recovering. Unity House partners with these individuals to develop their personal skills and potential, enabling them to live more full and independent lives. Founded in 1977, the agency serves more than 700 individuals a day in six central New York counties.

**Central New York Developmental Disabilities Regional Office (CNYDDRO) - Cortland County**

36 Owego Street

(607) 756-5637

Cortland, 13045

www.cnyddro.org

Children with Special Needs Division

Cortland County Health Department

(607) 756-3439

60 Central Avenue, Rm 120, Cortland, 13045

http://cchd.cortland-co.org/index.php?

Early Intervention, preschool and Physically Handicapped

**Cortland - Chenango Rural Services**

6666 Mantius Center Road

(607) 683-3828

Cortland, 13045

www.cc.enryc.org/ruralservices

Serves all residents in 11 towns within the two-county area. Information; referral; advocacy; emergency services; community action; Child and Family Health Plus. Responds to the needs of the community as they are presented, connecting people with services and bringing programs/services to the rural community. Site for co-op Food Sense and other food programs. Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. Pertinent services offered through the Syracuse/ Central New York office include Medicaid Service Coordination, Community Habilitation (w/ option to self-direct), Family Support Services, Individualized Support Services, Community Education and Advocacy, as well as support with establishing services through OPWDD’s Eligibility Clinic and Front Door Intake Unit. In addition, an Epilepsy Support Group is conducted once per month on James Street through the Community Education department and remains open to the public. Individuals served and eligible through OPWDD are also welcomed and encouraged to attend EPI’s Camp EAGR, which occurs annually every August and provides a week-long opportunity to socialize and be active amongst supportive peers and staff.

**Epilepsy-Prald Inc. (EPI)**

1065 James Street, Suite 220

(315) 477-9777

Syracuse, 13203

www.epnvy.org

Epilepsy-Prald, Inc. (EPI) is a person-centered agency broadly serving individuals across Onondaga, Madison, Onondaga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. Pertinent services offered through the Syracuse/ Central New York office include Medicaid Service Coordination, Community Habilitation (w/ option to self-direct), Family Support Services, Individualized Support Services, Community Education and Advocacy, as well as support with establishing services through OPWDD’s Eligibility Clinic and Front Door Intake Unit. In addition, an Epilepsy Support Group is conducted once per month on James Street through the Community Education department and remains open to the public. Individuals served and eligible through OPWDD are also welcomed and encouraged to attend EPI’s Camp EAGR, which occurs annually every August and provides a week-long opportunity to socialize and be active amongst supportive peers and staff.

**Franziska Racker Centers**

882 NYS Route 13

(607) 753-9375

Cortland, 13045

www.rackercenters.org

(Headquartered in Ithaca) Evaluation, therapies, special education site-based and itinerant services and day care services for children under the age of 5. Community living services including: residential, family support services, service coordination, parent education and support, home and community-based services, habilitation and respite.
and Human Services Resource Directory and calendar.

50 Clinton Avenue ........................................
Cortland, 13045                                  www.ppcadvocacy.org
(607) 758-3116
17-29 Main Street, Suite LL 17.....................
Person to Person: Citizen Advocacy
works for young children.

Cerebral Palsy-Utica
Community Health and Behavioral Services (CHBS)
of Upstate Cerebral Palsy-Utica
385 North Utica Street ..................................
Utica, 13501                                   www.upstatecp.org
1427 Genesee Street...................................
Utica, 13501                                  738-1428
A licensed Article 28 facility which provides primary and behavioral health care services for children, adolescents and adults. Also provides specialty clinics in dental services, podiatry, endocrinology, neurology, and psychiatry.

Madison-Cortland ARC
701 Lenox Avenue ....................................
Madison-Cortland ARC
Utica, 13501-0210 www.rcil.com
P.O. Box 210, 409 Columbia Street .............. TTY 797-5837
Utica, 13503-0210 www.rcil.com
CAP is a service for people with disabilities who are clients or applicants of Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR), the Commission for the Blind and Visually Handicapped (CBVH), Independent Living Centers, or other agencies funded by the Vocational Rehabilitation Act. CAP provides information about vocational rehabilitation programs and assists clients who have a problem obtaining a service. Disagree with a decision made by a counselor, have their case terminated, etc. Free. Serves Broome, Cayuga, Chenango, Clinton, Cortland, Delaware, Essex, Franklin, Fulton, Hamilton, Herkimer, Lewis, Montgomery, Oneida, Oswego, Otsego, St. Lawrence, Tioga, Tompkins, and parts of Onondaga.

Upstate Cerebral Palsy and Handicapped Persons Association of the Utica Area (UCP)
1020 Mary Street ........................................
Utica, 13501                                  www.upstatecp.org
Provider of direct-care services and programs for individuals who are physically, developmentally, or mentally challenged and their families. As direct-care and education centers, these include medical, clinical and therapeutic personnel, teachers, social service staff, maintenance, clerical and general support staff.

notes...

notes...
OSWEGO COUNTY

www.co.oswego.ny.us

AccessCNY
6666 Manlius Center Road ....................... 218-0844
East Syracuse, 13057
www.accesscny.org

Provides evaluation and clinical services for people living in surrounding counties. Project Adapt an the TRAAD Center provide monthly rural outreach to Cayuga, Cortland, Madison, Oswego and Tompkins counties for the assistive technology lending library. Home service, family support services, community habilitation, Medicaid service coordination, and Consolidated Supports and Services are offered in Madison and Oswego counties. Family Support reimbursement, environmental modifications and adaptive technician assistance are also available in Oswego County.

ARC of Oswego County
7 Morrill Place ........................................... 598-3108
Fulton, 13069
www.arcoswegocounty.org

Children’s services include early intervention for children birth to 3 years; parent advocacy and training service; and training and consultation to community-based childcare and preschool programs. Medicaid service coordination (MSC) is provided to the 3 to 21 year old group. Adult services include senior day hab; guardianship assistance; community recreation and leisure services; and family support services and respite.

ARISE—Oswego County Offices
9 Fourth Avenue ........................................ 342-4088
Oswego, 13126
www.ariseinc.org

ARISE works to ensure that every person, regardless of disability, has the power to make life choices and achieve their dreams. As the local non-profit Independent Living Center for Onondaga, Oswego, Madison, Seneca, and Cayuga counties, many of the agency’s services are available to people of all ages who have any type of disability. ARISE has offices in Oswego, Pulaski, and Fulton. Programs include: Medicaid Service Coordination, Community Habilitation, Mental Health Therapy, Employment Programs, Consumer-Direct Personal Assistance, Advocacy (Health Care, Housing, Benefits, and Education), Information and Referral, Social & Support Groups, Ombudsman program, Respite, and Inclusive Recreation.

AURORA of Central New York, Inc.
518 James Street, Suite 100 .............. 422-9746 - 422-7263
Syracuse, 13203
www.aaurora.org

Offers a wide range of services to individuals who are blind, visually impaired, deaf or hard of hearing in Onondaga and contiguous counties, and their families. Services include: instruction in daily living skills; safe/independent travel training; instruction in adaptive technology for people with vision loss; information and referral; social work; outreach; support groups; Pre-College and work readiness training programs; vision hearing screening and Sign Language Interpreting through the Marjorie Clere Interpreter Referral Services.

Cayuga Centers
101 Hamilton Avenue ....................... 253-5393
Auburn, 13021
www.cayugacenters.org

Weekend respite, after 5:00pm weekend respite, community habilitation, family reimbursement, and Medicaid service coordination.

Central New York Developmental Disabilities Regional Office (CNYDDRO) - Oswego County
3 Tower Drive ....................................... 598-6120
Fulton, 13069
www.opwdd.ny.gov

Elmcrest Children’s Center
960 Salt Springs Road
Syracuse, 13274
www.elmcrest.org

-Autism Behavioral Resource (ABR) .................. 492-9990

A program designed to assist families living with children on the Autism spectrum and/or children with developmental disabilities who are exhibiting challenging behaviors. Children ages 3-21, from Oswego County who live at home and qualify for OPWDD services may receive ABR. The program offers in-home behavior specialist, educational advocacy, school supports, and monthly support groups. The program is designed to for the child who is at risk for placement or school expulsion.

-Focus on Families (FOF) ............................. 446-6250

Provides intensive clinical services to children and families in Oswego County who have children at substantial risk of being removed from their homes due to concerns relating to a child’s behavior, challenged parents, or family relationships. Families are referred to FOF by Oswego County DDS. Focus on Families licensed clinicians are able to provide individual, family, and couples counseling in the family’s home or our office in Mexico, NY.

Epilepsy-Prald Inc. (EPI)
1065 James Street, Suite 220 ............... 477-9777
Syracuse, 13201
www.epi.org

Epilepsy-Prald Inc. (EPI) is a person-centered agency proudly serving individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. Pertinent services offered through the Syracuse/ Central New York office include Medicaid Service Coordination, Community Habilitation (w/ option to self-direct), Family Support Services, Individualized Support Services, Community Education and Advocacy, as well as support with establishing services through OPWDD’s Eligibility Clinic and Front Door Intake Unit. In addition, an Epilepsy Support Group is conducted once per month on James Street through the Community Education department and remains open to the public. Individuals served and eligible through OPWDD are also welcomed and encouraged to attend EPI’s Camp EAGOR, which occurs annually every August and provides a week-long opportunity to socialize and be active amongst supportive peers and staff.

Mid-State Early Childhood Direction Center (ECDC)
3661 Auburn-Holt Road .................................. 443-4444
Syracuse University ........................................ (800) 962-5488
Syracuse, 13244
www.ecdc-syr.edu

Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals in confidence and free of cost about: early childhood development, behavior, and specific disabilities; screening and evaluation services (public and private); Early Intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children.

Oswego County Opportunities, Inc.
239 Oneida Street .................................... 598-4717
Fulton, 13069
www.ocoo.org

OCO Inc. is a community action agency offering more than 45 programs to a variety of populations including the developmentally, physically disabled, mentally ill, chemically addicted, homeless, children, youth, seniors and those living in poverty. Programs include a variety of special housing and case management services, day care, pre-k and Head Start, health care, Meals on Wheels, domestic violence and rape crisis services, employment training, medical and public transportation.

Oswego Industries, Inc.
7 Morrill Place ........................................... 598-3108
Fulton, 13069
www.oswegoindustriesinc.org

Provides the following services for adults: assistive technology; pre-vocational and vocational training; day habilitation, enhanced day habilitation; career employment services/supported work; and individual supports such as Medicaid service coordination.

Parents of Special Children, Inc.
2-C Tower Drive ......................................... 598-7672
Fulton, 13069
www.pscoswegocounty.org

A family support organization that offers reimbursement for respite and purchase of goods; educational advocacy; Respitecarry program; information and referral; parent networking and workshops.

-People to Person: Citizen Advocacy
3661 Auburn-Holt Road .................................. 593-2303
Syracuse, 13069
www.ppcadvocacy.org

Person to Person is an advocacy group serving persons with developmental disabilities. We find people who will share a visit with someone with similar interests for community outings.

Syracuse, 13203
www.epiny.org

Focus on Families (FOF) is conducted once per month on James Street through the Community Education department and remains open to the public. Individuals served and eligible through OPWDD are also welcomed and encouraged to attend EPI’s Camp EAGOR, which occurs annually every August and provides a week-long opportunity to socialize and be active amongst supportive peers and staff.

Pemberton Associates
County Route 64 ........................................ 963-0864
Mexico, 13114
www.pemberton-associates.com

Full service early intervention services for children birth-3 in both Onondaga and Oswego Counties, including speech, occupational, and physical therapies; special education services; and others. Serves school-age children (3-21) in Oswego County with OT and PT services. Also specializes in sensory integration, hippo therapy and therapeutic listening.

Epilepsy-Pralid Inc. (EPI)
1065 James Street, Suite 220 ............... 477-9777
Syracuse, 13201
www.epi.org

Epilepsy-Pralid Inc. (EPI) is a person-centered agency proudly serving individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. Pertinent services offered through the Syracuse/ Central New York office include Medicaid Service Coordination, Community Habilitation (w/ option to self-direct), Family Support Services, Individualized Support Services, Community Education and Advocacy, as well as support with establishing services through OPWDD’s Eligibility Clinic and Front Door Intake Unit. In addition, an Epilepsy Support Group is conducted once per month on James Street through the Community Education department and remains open to the public. Individuals served and eligible through OPWDD are also welcomed and encouraged to attend EPI’s Camp EAGOR, which occurs annually every August and provides a week-long opportunity to socialize and be active amongst supportive peers and staff.

Pemberton Associates
County Route 64 ........................................ 963-0864
Mexico, 13114
www.pemberton-associates.com

Full service early intervention services for children birth-3 in both Onondaga and Oswego Counties, including speech, occupational, and physical therapies; special education services; and others. Serves school-age children (3-21) in Oswego County with OT and PT services. Also specializes in sensory integration, hippo therapy and therapeutic listening.
Mid-State Early Childhood Direction Center (ECDC)

ECDC provides information, referral and support to families and professionals working with children, ages birth through five.

Syracuse University
370 Huntington Hall
Syracuse, NY 13244
1-315-443-4444
1-800-962-5488
Email: ecdc@syr.edu
http://ecdc.syr.edu

Located at the Center on Human Policy
on the SU Campus

Over 35 Years Caring for All Children

Improving Educational Outcomes
Building Positive Family-School Relationships

In Central New York, please contact Kara Georgi, Family Education Specialist
(315) 345-2565 or kgeorgi@starbridgeinc.org
or visit www.starbridgeinc.org

Supac
Syracuse University Parent Assistance Center
Mid-Stats Special Education Parent Technical Assistance Center

SUPAC can provide you—the parent or family member of a child with a disability—with information, resources, and strategies to:
• Promote meaningful involvement in your child’s education
• Improve your ability to communicate effectively with your child’s school and work with them to solve concerns early and respectfully
• Assist you to better understand the nature of your child’s disability and strategies to support your child’s academic and social growth at home
• Increase your understanding of your rights as a parent of a school-aged child with a disability

Visit our website (www.supac.org) to learn more about the SUPAC team, the region we cover, our most popular trainings, and to see the most up-to-date information and resources on special education.

Call us (315-443-4336 locally or 877-824-9555 toll free) or email us (supac@syr.edu) with your specific questions.

Like us on Facebook: SUPAC-SEPTAC
Follow us on Twitter: @SUPAC_SEPTAC
Find us on Pinterest: SUPAC_SEPTAC

www.supac.org • supac@syr.edu • 315-443-4336 • 877-824-9555

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Circare
Integrating Health Services

• Care Management for Adults and Children
• Home and Community Based Services for HANF Plans
• Outpatient Behavioral Health Treatment
• Assertive Community Treatment
• Peer Services
• Vocational Services
• Care Coordination and Crisis Intervention for Youth and Families

A place where individuals with Down syndrome, their friends and family can participate in NO COST purposeful programming.

620 Erie Blvd. West, Suite 302
315.472.7363
http://cir.care
Excellence in Autism

The Kelberman Center, an affiliate of Upstate Caring Partners, Inc., is a regional center for excellence for individuals with Autism Spectrum Disorders. We are dedicated to excellence in service through:

- Prompt evaluation and diagnosis
- Individualized education and services
- Comprehensive preschool services
- Social and life skills enhancement
- Innovative practices, training and research
- Community living
- Behavioral supports

We believe in the power of individuals, family and community working together to maximize our collective potential.

The Kelberman Center
Utica, NY
2608 Genesee Street
Utica, New York 13502
Phone (315) 797-6241
Fax (315) 749-7054
Syracuse, NY
50 Presidential Plaza, Suite 102
Syracuse, New York 13202
Phone (315) 565-7556
Fax (315) 749-7054
kelbermancenter.org

TRAiNING. SKILLS. JOBS.

Onondaga Pathways to Careers
for young people with disabilities

The Onondaga Pathways to Careers (OPC) program at Onondaga Community College (OCC) provides an opportunity for young people with disabilities to earn an industry-recognized credential or degree at OCC, and to prepare for a career that pays a living wage in the regional workforce.

LEARN MORE AT SUNYOLL/OCC
OPC@sunyoll.edu • (315) 498-2945

FAMILY BEHAVIOR ANALYSIS

Upstate’s Family Behavior Analysis Program uses the basic principles of learning and behavior analysis to assess and treat behavior problems displayed by children diagnosed with autism and intellectual disabilities. The program offers a continuum of services for children ages 2 to 21.

TREATMENT FOR:
- Noncompliance
- Pica
- Elopement
- Tantrums
- Food selectivity/refusal
- Property destruction
- Aggression
- Self-Injurious behavior
- Daily living skills
  (e.g., toilet training)

SERVICES:
- Diagnostic Evaluation
- Consultative Services
- Early Intervention Services

(315) 464-3947
600 EAST GENESSEE ST. SUITE 130
SYRACUSE, NY 13210

ARISE

635 James Street, Syracuse, NY
Voice: 472-3171 • TTY: 479-6363
ariseinc.org

All Ages. All Disabilities. Always By Your Side.
Whether you have a simple question or have no idea where to start, we’re here to help.

Advocacy & Accessibility
Basic Needs & Assistance
Education, Employment & Skill-Building
Health & Wellness
Recreation & Art
Medicaid Service Coordinators at Cayuga Centers make things happen for you!

We offer you:
- Face-to-face visits every month and at-home visits every quarter—unless you want fewer
- Culturally diverse staff
- Knowledge and experience in Medicaid Waiver enrollment
- Visits at school, day programs and your workplace
- Quick response in time of conflicts
- Intake department to assist with eligibility and Medicaid approval processes

Your Medicaid Service Coordinator (MSC):
- Helps you set goals and make plans toward them
- Assists in scheduling medical and other appointments
- Attends meetings with you
- Is proficient with Front Door procedures
- Advocates for needed changes or new services

Serving Cayuga, Herkimer, Madison, Oneida, Onondaga, Oswego and Seneca Counties.
(315) 253-5383, ext 1562

cayugacenters.org
Agency Listings

AccessCNY
1603 Court Street
Syracuse, NY 13208
www.accesscny.org
455-7591 (Fax 455-5989)
TDD 455-1794

ACR Health
627 West Genesee Street
Syracuse, NY 13204
www.ACRHealth.org
475-2430 (Fax 472-6515)

Advocates, Inc.
636 Old Liverpool Road
Liverpool, NY 13088
(315) 469-9931
www.advocatesincorporated.org
469-9931 (Fax 469-9939)

Arc of Onondaga
600 S. Wilbur Avenue
Syracuse, NY 13204
www.arcon.org
476-7441 (Fax 476-7446)

ARISE Child and Family Service, Inc.
635 James Street
Syracuse, NY 13203
www.ariseinc.org
472-3171 (Fax 472-9252)

AURORA of Central New York, Inc
518 James Street Suite 100
Syracuse, NY 13203
www.auoraoftcny.org
422-2763 TDD 422-9746
(Fax 422-4792)

Brain Injury Association of NYS-Central Region
Onondaga County
www.bianys.org
453-7120 (Fax 453-0519)

Brain Injury Coalition of CNY
420 E. Genesee Street
Syracuse, NY 13202
www.bic-cny.org
425-5364

Burton Blatt Institute at SU
Crouse-Hinds Hall, Suite 300
900 South Crouse Ave., NY 13244
http://bbi.syr.edu/
443-2863 (Fax 443-9725)

Catholic Charities of Onondaga County
1654 W. Onondaga Street
Syracuse, NY 13204
www.ccoc.us
424-1800 (Fax 424-8274)

Cayuga Centers
2507 James Street
Syracuse, NY 13206
www.cayugacenters.org
253-5383 (Fax 299-7360)

Central New York Developmental Disabilities Regional Office (CNYDDRO)
187 Northern Concourse
N. Syracuse, 13021
www.opwdd.ny.gov
425-5367

Central New York Services, Inc.
518 James Street, Suite 240
Syracuse, NY 13203
www.cnyservices.org
478-2453

Central New York Quest
1065 James Street, Suite 210
Syracuse, NY 13203
732-3431 (Fax 866-822-2343)

Community Options New York, Inc.
216 W. Manlius Street
E. Syracuse, NY 13057
www.comop.org
431-9859 (Fax 431-0764)

Contact Community Services Inc.
631 Court Street Road
East Syracuse, NY 13057
www.contactsyracuse.org
432-0665 (Fax 431-0606)

Liberty Resources, Inc.
1045 James Street
Syracuse, NY 13203
www.liberty-resources.org
425-1064 (Fax 479-7884)

Onondaga County Living
518 James Street, Suite 110
Syracuse, NY 13203
www.elmcrest.org
446-6290

Epilepsy-Pralid Inc. (EPI)
1065 James St., Suite 220
Syracuse, NY 13203
www.epinyc.org
477-9777 (Fax 477-9797)

Exceptional Family Resources
1820 Lemoyne Avenue
Syracuse, NY 13208
www.exceptionalresources.org
478-1462 (Fax 478-1467)

H.O.M.E., Inc.
831 James Street
Syracuse, NY 13203
www.homeinny.org
472-5110 (Fax 472-5536)

Huntington Family Center
405 Gifford Street
Syracuse, NY 13204
www.huntingtonfamilycenters.org
476-3157 (Fax 476-3860)

Learning Disabilities Association of CNY
212 E. Manlius Street
E. Syracuse, NY 13057
www.ldacny.org
475-6153 (Fax 474-5767)

Spaulding Support Services
6520 Basile Rowe
East Syracuse, NY 13057
www.spauldingsupport.org
478-6210 (Fax 478-1575)

Starbridge
1650 South Avenue, Suite 200
Rochester, NY 14620
www.starbridgeinc.org
345-2555 (Fax 585-224-7100)

The Kelberman Center
Offices in Syracuse & Utica
Utica, NY 13502
www.kelbermancenter.org
797-6241 (Fax 749-7054)

Toomey Residential and Community Services
2608 Genesee Street
Syracuse, NY 13204
www.toomeyresidential.com
625-0627 (Fax 625-4261)

Unity House of Cayuga County, Inc.
34 Wright Avenue
Auburn, NY 13021
www.unityhouse.com
253-6227 (Fax: 253-4528)

Whole Me, Inc.
1010 James Street
Syracuse, NY 13203
www.wholemeinc.com
468-3275/TTY (Fax 468-3276)

Winds of Agape, Inc.
1414 Grant Boulevard
Syracuse, NY 13208
www.windssofagape.com
425-0547 (Fax 295-0264)

Syracuse Model Neighborhood Facility, Inc.
Southwest Community Center
401 South Avenue
Syracuse, NY 13204
www.swccsyr.org
474-6823 (Fax 479-8023)
notes...
Where do you go if a loved one has a communication challenge?

There are thousands of people in this world who have challenges communicating because of disabilities or accidents, strokes, traumatic brain injuries, ALS, CP etc.

Barbara Huntress Tresness
Founder of CHAT Collective, Author and Disability Advocate

“As a mom and a therapist, I know how hard it can be when your loved one has a communication challenge. That’s why I founded CHAT Collective, developed products like the Hand Bands and ID tags, wrote two books to help others navigate socializing and communicating with NonVerbal Communicators (NVC) and Limited Communicators (LC).”

“Telling our stories has helped others and I hope it can help you too.”

To order the books, identification or socialization products visit:

www.chatcollective.com
www.BarbaraHuntressTresness.com